

Parent First and Last Name: _____ Today's Date: _____

Instructions: Please walk through each room—including your yard, garage, and cars, if present—and circle which items you have on the list below. *Include only those items that are easy to get to and/or usable.*

Physical Activity Equipment

Sports Equipment

- 1 Backstop (baseball, soccer, hockey)
- 2 Balls (soccer, football, basketball, baseball)
3. Baseball bat / t-ball equipment
- 4 Baseball/softball glove
- 5 Basketball hoop
- 6 Frisbee
- 7 Golf clubs
- 8 Helmet / Protective gear
- 9 Ping pong table
- 10 Racquet (tennis, badminton)
- 11 Skates (roller / in-line / ice)
- 12 Skis (downhill, cross-country)
- 13 Snowboard
- 14 Snow shoes (pairs)

Fitness Equipment

- 15 Aerobic workout videos
- 16 Exercise / yoga mat
- 17 Jump rope
- 18 Stationary exercise equipment
(treadmill, bike, step/slide aerobic)
- 19 Trampoline
- 20 Weight lifting / resistance training equipment

Transportation Equipment

- 21 Bicycle, tricycle
- 22 Bicycle trailer
- 23 Jogging Stroller
- 24 Scooter
- 25 Skateboard

Athletic Footwear

- 26 Cleats / sports shoes (pairs)
- 27 Comfortable walking shoes (pairs)
- 28 Hiking boots/shoes (pairs)
- 29 Running shoes (pairs)
- 30 Snow boots (pairs)

Water Sports

- 31 Canoe / Kayak / Sail boat
- 32 Pool toys
- 33 Surf / boogie board
- 34 Water skis
- 35 Wind surf / sail board

Outdoor / Yard Equipment

- 36 Gardening tools
- 37 Lawn mower - push
- 38 Lawn mower- riding
- 39 Leaf blower
- 40 Net (volleyball, badminton)
- 41 Play structure (swings, slide, climbing)
- 42 Pool (in ground or above)
- 43 Rake
- 44 Sandbox
- 45 Snow blower
- 46 Snow shovel
- 47 Snow sled
- 48 Trampoline
- 49 Yard game (croquet, horseshoes)
- 50 Yard tools (clippers, wheelbarrow)

Electronics

- 51 Television
- 52 VCR / DVD Player
- 53 Digital Video Recorder / TiVO
- 54 Video game system (Portable/Stationary) (X-Box, Nintendo, GameBoy)
- 55 Computer (laptop, desktop)

