

Center for Excellence in Disabilities  
West Virginia University

# West Virginia Traumatic Brain Injury Services



*Veteran's Resource Manual*



## Acknowledgements

This manual is a product of the Center for Excellence in Disabilities at West Virginia University centrally located in Morgantown, WV. This manual has been compiled and guided by staff of the WV Traumatic Brain Injury Services.

*The Center for Excellence in Disabilities (CED) is proud to serve as the state's designated lead agency for coordination of services for West Virginians with traumatic brain injury (TBI).*

The development of this manual was funded the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA) Grant #H 21 MC11468.

The West Virginia's TBI Implementation Grant Project team and WV Traumatic Brain Injury Services wishes to thank the many persons, departments, agencies and individuals who have supported the compilation of this manual.

*A special thanks* to the following people and agencies for their contributions in developing and writing the material for this project:

- Dawn Carpenter, MSW graduate program at West Virginia University
- Kaylynn Shepherd, MSW, LICSW, CBIS - Center for Excellence in Disabilities
- Jeanette Motsch, MS, CBIS - Center for Excellence in Disabilities
- Ashley Young, CBIS - Center for Excellence in Disabilities
- Christopher George, Delena Arthur, Pamela Reynolds, Anita Bock, Teresa Cunningham, Amanda Gum -Center for Excellence in Disabilities
- Special Thank You: All websites devoted to military resources

## Disclaimer

---

The contents of this manual are for informational purposes only and do not necessarily represent the official views of the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA).

The Veteran's Resource Manual is not intended to replace any medical or legal advice provided to anyone reading this informational resource. This is not a medical or legal document. This manual is for informational purposes only. Please contact your medical physician for all medical care/advice or other health care partners. Please contact your attorney for all legal advice.

*\*At any time during the course of reading this material you have any questions or concerns, please feel free to contact us at **877-724-8244** or **e-mail tbi@hsc.wvu.edu**. There is no fee involved by contacting us.*

---

# WV Traumatic Brain Injury Services

TBI Toll Free: **(877) 724-8244**

Or

Center for Excellence in Disabilities

959 Hartman Run Road

Morgantown, WV 26505

Phone: **(304) 293-4692**

Fax: **(304) 293-7294**

E-mail: **TBI@hsc.wvu.edu**

Website: **www.tbi.cedwvu.org**

## **JOIN our listserv! TBI Connect**

*West Virginia listserv for Traumatic Brain Injury news, events and information sharing.*

To subscribe to TBIConnect, send an e-mail to **TBI@hsc.wvu.edu** with the subject title "SUBSCRIBE TBI."

Please include your first and last name and your e-mail address in the body of the e-mail. If you need assistance signing up for this listserv, please call **(304) 293-4692 x.1118**

# Notes

---

*“True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others but the urge to serve others at whatever cost.” Arthur Ashe*

This quote speaks to common character traits often seen in our military personnel and military culture. By understanding some of the issues that are affecting soldiers, we may be more able to assist our [fellow] heroes as they continue in their military career and/or return to civilian life.

According to the Department of Veterans Affairs<sup>1</sup> and the Brain Injury Association of America<sup>2</sup>; brain injuries are noted as the “signature wound” of returning veterans of our Global War on Terrorism. Due to varying signs/symptom presentation, many soldiers have suffered an injury to their brain also known as a Traumatic Brain Injury (TBI) but may not be aware that they have some level of injury. Of equal importance is the presence of Post Traumatic Stress Disorder (PTSD) in the veteran population. Each impairment can occur separately or may coexist. Social, emotional, physical and community problems may follow these impairments making it more difficult to adapt or re-adapt to civilian life.

This Veteran’s Resource Manual is dedicated to assisting individuals, caregivers, professionals and friends/family members in understanding both a TBI or “signature wound” along with PTSD. There will be valuable resources available within this manual to address areas of concern in order to enhance ones quality of life.

***Thank you to all of our military personnel and their families for their service to our country. We would be proud and honored to assist you.***

-WV Traumatic Brain Injury Services  
Center for Excellence in Disabilities.

---

1 U.S. Department of Veterans Affairs [www.va.gov](http://www.va.gov)

2 Brain Injury Association of America (2008, January). Soldiers with Traumatic Brain Injury (TBI).

# Table of Contents

---

<b>Traumatic Brain Injury and Soldiers</b>	1
TBI and Soldiers Information	2
TBI Screenings for Soldiers	3
Signs and Symptoms of TBI	4
Recovery	5
Strategies	6
Disability Benefits	7
<b>Post Traumatic Stress Disorder</b>	9
Information	10
Treatments	11
<b>Veteran Medical Information</b>	13
Department of Veterans Brain Injury Center	
Information	14
Services	14
WV VA Medical Centers	15
WV VA Outpatient Clinics	15
WV Vet Centers	15
WV VA Nursing Facilities	15
WV VA Cemeteries	15
<b>Resources</b>	17
Service Resources	18
Website Resources	25
Accommodations for Disabilities	25
Advocacy	29
Child Care Expenses	30
Counseling	30
Domestic Violence	32
Education and Scholarships	33
Emergency Financial Assistance	36
Employment	37
Family Assistance	40
For Military Children	44
Homelessness	45
Home Repairs	46
Housing Expenses	46
Housing Resources	47
Legal Services	47
Medical	48
Substance Abuse	49
Transportation	49



A silhouette of a soldier in full combat gear, including a helmet and a rifle, is shown against a bright, hazy background. The sun is positioned behind the soldier, creating a strong lens flare effect. The soldier is facing right, and the overall scene is backlit, giving it a somber and dramatic feel.

# Traumatic Brain Injury Screenings and Soldiers

# Traumatic Brain Injury and Soldiers

---

## TBI and Soldiers Information

A traumatic brain injury (TBI) is an injury caused by an external force that impacts one or more parts of the brain which impacts normal brain functions. The human brain controls our physical, cognitive, and behavioral functions.

TBIs are caused by falls, accidents, motor vehicle accidents, assaults, or shock wave blasts from improvised explosive devices (IEDs).

Soldiers are at risk for blast injuries from, rocket propelled grenades, IEDs and land mines. It has been estimated that more than 50% of all combat injuries are blast injuries occurring in Iraq and Afghanistan.<sup>1</sup>

If the head is hit or violently shaken (from a blast or explosion), a concussion or closed head injury can result.<sup>2</sup>

Shock wave blasts from IEDs, rocket propelled grenades, and land mines are the leading cause of TBI for active duty military personnel in combat zones.

As of November 15, 2010, there were 195,547 military personnel since 2000 who have suffered a TBI. It is important to note that this number is all personnel not just injuries sustained in the combat zone.<sup>3</sup>

---

1 Brain Injury Association of America. (2008, January). Soldiers with Traumatic Brain Injury (TBI).

2 Deployment Health Clinical Center. (2007, April 23). Traumatic Brain Injury (TBI).

3 TBI Numbers. (November 15, 2010). Defense and Veterans Brain Injury Center. [www.dvbic.org/TBI-Numbers.asp](http://www.dvbic.org/TBI-Numbers.asp)

---

# Traumatic Brain Injury and Soldiers

## TBI Screenings for Soldiers

In theater, screening should occur immediately following the injury event or as soon as possible. A Military Acute Concussion Evaluation tool is used to measure four cognitive domains: orientation, immediate memory, concentration, and memory recall. This tool is used with clinical information to determine if a higher level of care is needed.

Post deployment screenings of active duty service members are conducted during post deployment health assessments (PDHA). Four questions from the Brief Traumatic Brain Injury Survey appear on the PDHA. Positive responses on all four questions prompt a clinical interview for further evaluation.

Screening for TBI also occurs upon entry into the Veterans Health Administration (VHA) system, using a TBI clinical reminder tracking system. Veterans, who confirm Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF) theater deployments and do not have a prior TBI diagnosis, are asked a series of four sequential sets of questions based on the Brief Traumatic Brain Injury Survey. Those who screen positive for TBI are arranged to have further evaluation.<sup>4</sup>

---

<sup>4</sup> Concussion/MTBI Screening. (Retrieved December 16, 2010). Defense and Veterans Brain Injury Center. [www.dvbic.org](http://www.dvbic.org)

# Traumatic Brain Injury and Soldiers

---

## Signs and Symptoms of TBI

- Difficulty organizing daily tasks
- Blurred vision or eyes tire easily
- Headaches or ringing in the ears
- Feeling sad, anxious or listless
- Mood changes
- Easily irritated or angered
- Feeling tired all the time
- Feeling light headed or dizzy
- Lack of motivation
- Relationship troubles
- Trouble with memory, attention or concentration
- Balance problems
- Sensitive to sounds, lights or distractions
- Impaired decision making or problem solving
- Difficulty inhibiting behavior- Impulsive
- Slowed thinking, moving, speaking or reading
- Easily confused, feeling easily overwhelmed
- Change in sexual interest or behavior
- Getting Lost
- Loss of sense of smell and taste

---

1 Deployment Health Clinical Center. (2007, April 23). Traumatic Brain Injury (TBI).

---

# Traumatic Brain Injury and Soldiers

## Recovery Following TBI

Speed of recovery varies. Most people with mild TBI recover fully, but it can take time. People with a previous injury may find it takes longer to recover from their current injury. Some symptoms can last for days, weeks or longer. Talk to your health care provider about any troubling symptoms or signs. Improvement of symptoms typically occurs over the first 1-3 months after the injury; however, possibilities for improvement are limitless. (Please note the disclaimer at the beginning of the manual).

### Things that Help Recovery

- Get plenty of rest and sleep
- Increase activity slowly
- Carry a notebook- Write things down
- Establish a regular daily routine
- Do only one thing at a time if you are easily distracted
- Check with someone you trust when making decisions

### Things that “May” Slow Recovery

- Assess activities that could lead to another brain injury and make a healthy plan for protection
- Inquire about how alcohol might slow healing of the injury or pose a risk to other behavioral functioning
- Ask your healthcare provider about caffeine or “energy-enhancing” products as they may increase symptoms.<sup>5</sup>
- Discuss all over the counter medications with your health care provider as they may impact your recovery process in a negative manner.

---

<sup>5</sup> Adapted from Deployment Health Clinical Center. (2007, April 23). Traumatic Brain Injury (TBI).

# Traumatic Brain Injury and Soldiers

---

## Strategies

### General Tips

- Increase activity slowly
- Establish a regular daily routine to structure activities
- Make "To Do" lists
- Keep a written sheet of medications and appointments
- Keep a headache log to share with the doctor
- Buy ear plugs and sun glasses
- Exercise regularly
- Eat a healthy diet
- Use time outs to deal with emotions
- Use time outs for overwhelming situations
- Use visualizations
- Write down health questions in one place to share with doctors

### Memory

- Write in a journal
- Carry a notebook
- Write it down
- Establish a regular daily routine to structure activities
- Get organized
- Place things in the same locations
- Get plenty of rest and sleep
- Set alarms and reminder notices

### Fatigue, Sleeping and Not Sleeping

- Establish a regular daily routine to structure activities
- Get plenty of rest and sleep
- Keep your house warm/cool enough to sleep comfortably
- Go to bed at the same time every night
- Consider avoiding caffeine if it negatively effects you
- Consider how exercising late at night might impact your energy level and sleep pattern
- Practic progressive relaxation (including napping and other times without napping)

### School/Work

- Find a study buddy in each class
- Carry a notebook
- Increase activity slowly
- Do only one thing at a time if you are easily distracted
- Check with someone you trust when making decisions
- Increase responsibilities slowly
- Get organized
- Break tasks into easy steps
- Make "To Do Lists". Break them down into manageable parts

# Traumatic Brain Injury and Soldiers

## Disability Benefits for Wounded Warriors

Military service members can receive expedited processing of disability claims from Social Security. Benefits available through Social Security are different from those from the Department of Veteran Affairs. It requires a separate application.

The expedited process is eligible for military service members who became disabled while on active duty on or after October 1, 2001 regardless of where the disability occurs.

### Types of Benefits That Can Be Received

- Social Security Disability Insurance Programs- This program pays benefits to you and certain members of your family if you have worked long enough and paid Social Security taxes.
- Supplemental Security Income Program- This program pays benefits based on financial need.

### What is Social Security's definition of disability?

By law, Social Security has a very strict definition of disability.

- You must be unable to do substantial work because of your medical condition (s) and
- Your medical condition(s) must have lasted or be expected to last longer than one year or be expected to result in death.

### How does military pay affect eligibility for disability benefits?

You cannot engage in substantial work activity for pay or profit. Active duty status and receipt of military pay does not prevent payment of disability benefits. If you are receiving treatment at a medical facility and working in a designated therapy program or on limited duty, your eligibility for benefits can be evaluated by Social Security.

### How do I apply?

You may apply for benefits at any time while having military status or after discharge, whether you are still hospitalized, in a rehabilitation program, or undergoing out-patient treatment in a military or civilian medical facility. You can apply online at [www.socialsecurity.gov/woundedwarriors](http://www.socialsecurity.gov/woundedwarriors), in person at the nearest Social Security office, by mail or telephone at **800-772-1213**.

### What do I need to apply?

- Original certified copy of your birth certificate or proof of US citizenship
- Form DD 214 if discharged from the military
- W2 Form or Income Tax Return from last year
- Military or Workers Compensation to provide proof of income
- Social security numbers for your spouse and minor children
- Checking or savings account number
- Name, address and phone number of a contact person
- Medical records that you have or can easily get

# Traumatic Brain Injury and Soldiers

---

## Can my family get benefits?

This is based on your work history. Some family members may be eligible:

- A spouse over the age of 62
- A spouse at any age who is caring for your child who is under age 16 or is disabled
- Your unmarried child under the age of 18
- Your child age 18 or older with a disability that began before age 22

## How does Social Security make a decision?

Your claim is sent to a state Disability Determination Service Office that makes disability decisions. The state has medical and vocational experts who contact your doctors and other places where you have received treatment to get your medical records. You may be asked to have an exam or a medical test. You will not have to pay for the exams, but MUST attend them.

## How long does it take to get a decision?

The length of time it takes to receive a decision on your disability claim can vary, depending on several factors:

- The nature of your disability
- How quickly we obtain medical evidence is received from your doctor or medical sources
- Whether you need a medical exam to obtain evidence to support your claim

To speed a decision, be prepared for an interview and having all your information from your jobs and medical doctors. Also if there are any changes after you have made a claim, notify the office immediately.

Contact Social Security at:

**[www.socialsecurity.gov](http://www.socialsecurity.gov)**

**1-800-772-1213**

Or if hard of hearing or deaf at

**1-800-325-0778**

From 7am to 7pm Monday thru Friday

Automated phone service available 24 hours a day.

All information is confidential.





Post Traumatic Stress  
**Disorder**

# Post Traumatic Stress Disorder (PTSD)

---

## Information on PTSD

PTSD is a condition that develops after someone has experienced a life threatening situation, such as combat. A situation must have caused an emotional reaction involving intense fear, hopelessness or horror. Individuals with PTSD experience symptoms for weeks or months after the event is over and the individual is in a safe environment.

### Symptoms

Re-experiencing the event over and over again

- You cannot put it out of your mind no matter how hard you try
- You have repeated nightmares about the event
- You have vivid memories, almost like it was happening all over again
- You have a strong reaction when you encounter reminders, such as a car backfiring

Avoiding people, places or feelings that remind you of the event

- You work hard at putting it out of your mind
- You feel numb and detached so you do not have to feel anything
- You avoid people or places that remind you of the event

Feeling “keyed up” on edge all the time

- You may startle easily
- You may be irritable or angry all the time for no apparent reason
- You are always looking around, hyper-vigilant of your surroundings
- You may have trouble relaxing or getting to sleep

People who have PTSD have experiences from all three categories that stay with them most of the time and interfere with their ability to live life or do their job.

Most service members do not experience PTSD. You can experience some symptoms of PTSD without having a diagnosis of PTSD. If you have symptoms, you can benefit from counseling or therapy. PTSD is treatable. Therapy has proven to be very effective in reducing or eliminating the symptoms. Medication can also help. Early treatment leads to the best outcomes.<sup>6</sup>

A PTSD self-assessment is available at [www.militarymentalhealth.org](http://www.militarymentalhealth.org)

---

<sup>6</sup> Deployment Health Clinical Center. (2007, April 23). Post Traumatic Brain Injury (PSTD).

# Post Traumatic Stress Disorder (PTSD)

## Treatment of PTSD

There are many treatments available for PTSD to assist in regaining quality of life as well as ones' functional abilities. Some of these treatments include cognitive behavior therapy, eye movement desensitization and reprocessing, medications, and therapies by trained professionals.

### Medications

There are several medications that have been used successfully in combination with therapeutic interventions, personal support and exercise (not an all inclusive list) in symptom management of PTSD. One example of a commonly used medication to assist in symptom management is a selective serotonin reuptake inhibitor (SSRI). Selective serotonin reuptake inhibitors are a type of anti-depressant medicine. These can help you feel less sad and worried. Chemicals in your brain affect the way you feel. When you have PTSD or depression, you may not have enough of a chemical called serotonin. SSRIs raise the level of serotonin in your brain. Talk to your doctor before starting or stopping a medication or additional interventions.

### What is Cognitive Behavior Therapy?

The therapist helps you understand and assists you in changing how you think about your trauma and its aftermath. Your goal is to understand how certain thoughts about your trauma cause stress and make your symptoms worse. You will identify thoughts about the world and yourself that are making you feel afraid or upset. With the help of your therapist, you will learn to replace these thoughts with more accurate and less distressing thoughts. You will learn to cope with feelings such as anger, guilt and fear.

### What is Eye Movement Desensitization and reprocessing (EMDR)?

EMDR is a newer therapy for PTSD. It can help change how you react to memories of your trauma. While talking about your memories, you will focus on distractions like eye movements, hand taps and sounds. Studies have shown it may help you have fewer PTSD symptoms.

### What is exposure or desensitization therapy?

In exposure or desensitization therapy, your goal is to have less fear about your memories. By talking to your therapist about your trauma, you will learn to gain control of your thoughts and feelings about the trauma. You can change how you react to stressful memories with the help of your therapist. You can begin by discussing less upsetting memories and deal with bad memories a bit at a time. You may also practice different ways to relax when you are having a stressful memory, such as breathing exercises. Your goal is to find interventions that fit you and help you through this process of healing.

### Brief Psychodynamic Psychotherapy

In this therapy, you learn ways of dealing with emotional conflicts caused by your trauma. It helps you understand how you feel now. Your therapist can help you: identify what triggers your stressful memories or other symptoms, find ways to cope with intense feelings about the past, become aware of your thoughts and feelings, and raise your self-esteem.



# Post Traumatic Stress Disorder (PTSD)

---

## **Group Therapy**

In group therapy, you talk with a group of people who have been through a trauma and who have PTSD. Sharing your story with others may help you feel more comfortable talking about your trauma. It can help you cope with your symptoms, memories, and other parts of your life. It helps you build relationships with others who understand what you have been through. You can build self-confidence and trust, as well as learn how to focus on your present life.

## **Family Therapy**

PTSD can impact your whole family. Your family might not understand why you get angry or why you are under so much stress. They may feel scared, guilty or angry. Family therapy is a type of counseling that involves your whole family. A therapist helps you and your family communicate more effectively, maintain good relationships, and cope with tough emotions. Your family can express their fear and concerns. You can listen and talk about your PTSD symptoms and what triggers them. You can discuss the important parts of treatment and recovery.<sup>7</sup>

---

<sup>7</sup> National Center for PTSD. (2010). Fact Sheet: Treatment of PTSD.



# Veteran **Medical Information**

# Veteran Medical Information

---

## Department of Veterans Brain Injury Center

### Who are they?

The Defense and Veterans Brain Injury Center (DVBIC) is:

- a multi-site medical care, clinical research and education center
- a unique collaboration of the Department of Defense (DoD), Department of Veterans Affairs (VA) health care system and a civilian partner

### What do they do?

- Develop and provide advanced TBI-specific evaluation, treatment, and follow-up care for military personnel, their dependents, and veterans with brain injury
- Conduct clinical research that defines optimal evaluation and treatment for TBI
- Develop and deliver education for prevention, treatment, and management of TBI

Call for more information, call **800-870-9244** or visit **[www.DVBIC.org](http://www.DVBIC.org)**.

### Services Offered

Each local facility provides brain injury evaluations. Individuals evaluated at a DVBIC site receive a comprehensive assessment that can include any of the following examinations.

- Neurological
- Neuropsychological
- Laboratory
- Psychosocial
- Audiologic
- EEGs

Additionally, people admitted to inpatient TBI rehab programs at a VA site receive:

- Psychiatric assessment
- Occupational therapy
- Rehabilitation therapy
- Physical therapy
- Speech therapy
- Cognitive therapy
- Psychology
- Recreational therapy

## Veteran Medical Information

### West Virginia VA Medical Centers

Beckley	200 Veterans Ave	<b>(304) 255-2121</b> <b>877-902-5142</b>
Clarksburg	1 Medical Center Dr	<b>(304) 623-3461</b> <b>800-733-0512</b>
Huntington	1540 Spring Valley Dr	<b>(304) 429-6741</b> <b>800-827-8244</b>
Martinsburg	Route 9	<b>(304) 263-0811</b> <b>800-817-3807</b>

*\*A new center may be opening up soon in the Lewisburg area.*

### West Virginia VA Outpatient Clinic

Charleston	104 Alex Drive	<b>(304) 926-6001</b>
Franklin	314 Pine Street	<b>(304) 358-2355</b>
Logan	513 Dingess Street	<b>(304) 752-8355</b>
Parkersburg	2311 Ohio Avenue	<b>(304) 422-5114</b>
Parsons	206 Spruce Street	<b>(304) 478-2219</b>
Petersburg	Grant Hospital Rt 55	<b>(304) 257- 1026</b>
Sutton	93 Skidmore Lane	<b>(304) 765-3480</b>
Morgantown	40 Commerce Drive	<b>(304) 292-7535</b>

### West Virginia Vet Centers

Beckley	101 Ellison Avenue	<b>(304) 252-8220</b>
Charleston	521 Central Avenue	<b>(304) 343-3825</b>
Huntington	3135 16th Street	<b>(304) 523-8387</b>
Logan	21 Veterans Avenue	<b>(304) 752-4453</b>
Martinsburg	900 Winchester Ave	<b>(304) 263-6776</b>
Morgantown	34 Commerce Drive	<b>(304) 291-4303</b>
Parkersburg	2311 Ohio Avenue	<b>(304) 485-1599</b>
Princeton	905 Mercer Street	<b>(304) 425-5653</b>
Wheeling	1206 Chaplin Street	<b>(304) 232-0587</b>

### West Virginia Veterans Nursing Facilities

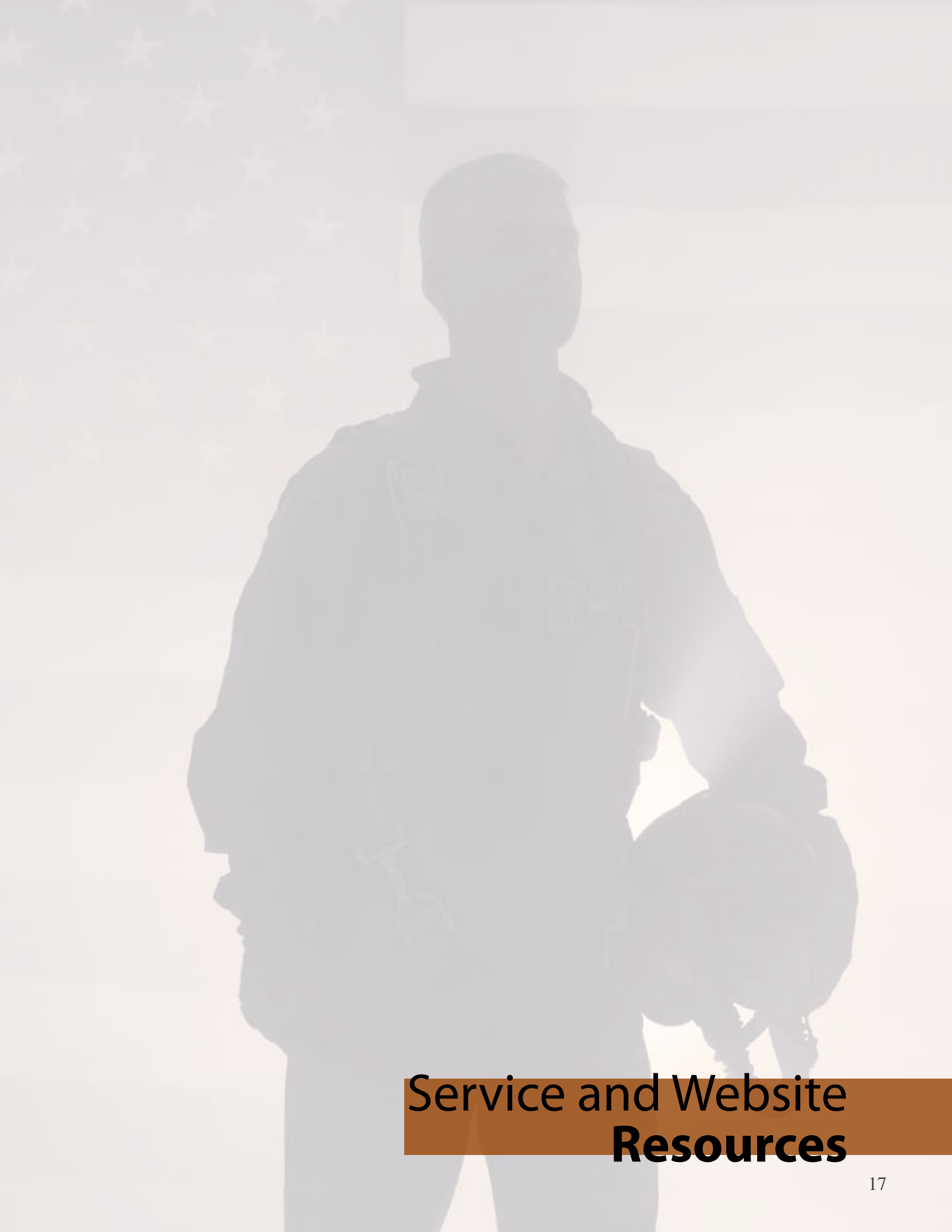
Barboursville	512 Water Street	<b>(304) 736-1027</b>
Clarksburg	1 Freedoms Way	<b>(304) 626-1602</b>

### National Cemeteries

Grafton	431 Walnut Street	<b>(304) 265-2044</b>
---------	-------------------	-----------------------







# Service and Website **Resources**

# Resources

---

## Service Resources

### **AbleData**

Phone: **800-227-0216**

Website: **[www.abledata.com](http://www.abledata.com)**

AbleData provides objective information on assistive technology and rehabilitation equipment available from domestic and international sources to consumers, organizations, professionals, and caregivers within the United States.

### **After Deployment**

Phone: **866-966-1020**

Website: **[www.afterdeployment.org](http://www.afterdeployment.org)**

AfterDeployment.org is a wellness resources for the military community. It includes a variety of topics including the National Suicide Hotline and outreach chat.

### **America's Heroes at Work**

Phone: **866-487-2365**

Website: **[www.americasheroesatwork.gov](http://www.americasheroesatwork.gov)**

America's Heroes at Work is a U.S. Department of Labor (DOL) project that addresses the employment challenges of returning service members living with Traumatic Brain Injury (TBI) and/or Post-Traumatic Stress Disorder (PTSD).

### **American Speech-Language-Hearing Association**

Phone: **800-638-8255**

Website: **[www.asha.org](http://www.asha.org)**

The American Speech-Language-Hearing Association is the professional, scientific, and credentialing association for 140,000 members and affiliates who are speech-language pathologists, audiologists, and speech, language, and hearing scientists in the United States and internationally.

### **American Veterans with Brain Injuries**

Phone: **Not listed**

Website: **[www.avbi.org](http://www.avbi.org)**

American Veterans with Brain Injuries (AVBI) is an online resource for American veterans who have suffered a brain injury and their families.

### **The Arms Forces**

Phone: **419-491-1555**

Website: **[www.thearmsforces.org](http://www.thearmsforces.org)**

The Arms Forces provides education and programs that allow a veteran with traumatic brain injury or post-traumatic stress disorder to be more easily understood and live a higher quality of life.

### **Blinded Veterans Association**

Phone: **202-371-8880**

Website: **[www.bva.org](http://www.bva.org)**

The Blinded Veterans Association (BVA) was established specifically to help veterans and their families meet and overcome the challenges of blindness.

### **Brain Injury Association of America**

Phone: **703-761-0750**

Website: **[www.biausa.org](http://www.biausa.org)**

Founded in 1980, the Brain Injury Association of America (BIAA) is the leading national organization serving and representing individuals, families and professionals who are touched by a life-altering, often devastating, traumatic brain injury (TBI).

### **Brain Injury Association of West Virginia**

Phone: **304-766-4892**

Website: **[www.biausa.org/WVirginia](http://www.biausa.org/WVirginia)**

The Brain Injury Association of West Virginia provides support, resources, and information to West Virginia Brain Injury survivors and their families.

### **Brain Injury Network**

Phone: **707-544-4323**

Website: **[www.braininjurynetwork.org](http://www.braininjurynetwork.org)**

Founded in 1998, the Brain Injury Network is a non-profit advocacy organization operated for and by survivors of acquired brain injury (ABI).

### **Brain Injury Partners**

Phone: **Not listed**

Website: **<http://free.braininjurypartners.com>**

The Brain Injury Partners program was created by a team of researchers, software developers and web designers at the Oregon Center for Applied Science, Inc. (ORCAS), in Eugene, Oregon.

### **Brain Trauma Foundation**

Phone: **212-772-0608**

Website: **[www.braintrauma.org](http://www.braintrauma.org)**

The Brain Trauma Foundation was founded to improve the outcome of traumatic brain injury (TBI) patients by developing best practice guidelines, conducting clinical research, and educating medical personnel.

### **Career Center at the Military Severely Injured Center**

Phone: **888-774-1361**

Website: **[www.military.com/support](http://www.military.com/support)**

The Career Center provides links to Veteran-friendly employers, resume building and skill translation tools, and Veteran specific benefits, health care, and more.

### **Center for Excellence in Disabilities at West Virginia University WV Traumatic Brain Injury Program**

Phone: **877-724-8244**

Website: **[www.tbi.cedwvu.org](http://www.tbi.cedwvu.org)**

The Center for Excellence in Disabilities Traumatic Brain Injury Services provides resource coordination, education and training, technical assistance, linkage, Funds for You, and information to TBI survivors.

# Service Resources

---

## **Center for Women Veterans**

Phone: **800-827-1000**

Website: **[www1.va.gov/womenvet](http://www1.va.gov/womenvet)**

Center for Women Veterans is the primary advisor to the secretary of Veterans Affairs on all matters related to policies, legislation, programs, issues, and initiatives affecting women veterans.

## **Computer/Electronic Accommodations Program's Wounded Service Member Initiative**

Phone: **703-681-8813**

Website: **<http://cap.tricare.mil>**

The Computer/Electronic Accommodations Program (CAP) increases access to information and works to remove barriers to employment opportunities by eliminating the costs of assistive technology and accommodation solutions.

## **Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury**

Phone: **877-291-3263**

Website: **[www.dcoe.health.mil](http://www.dcoe.health.mil)**

The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) was created in November 2007 to be the open front door of the Department of Defense for warriors and their families needing help with psychological health and traumatic brain injury issues.

## **Defense and Veterans Brain Injury Center**

Phone: **202-782-6345**

Website: **<http://www.dvbic.org>**

The mission of the Defense and Veterans Brain Injury Center (DVBIC) is to serve active duty military, their beneficiaries, and veterans with traumatic brain injuries (TBIs).

## **Disabled American Veterans**

Phone: **877-426-2838**

Website: **[www.dav.org](http://www.dav.org)**

Disabled American Veterans provides free assistance in obtaining disabilities benefits and services earned through their military service. They also provide Veterans Information Seminars, Disaster Relief grants, and the Homeless Veterans Initiative.

## **Disabled Sports USA**

Phone: **301-217-0960**

Website: **[www.dsusa.org](http://www.dsusa.org)**

Disabled Sport USA, a national nonprofit organization, was established in 1967 by disabled Vietnam veterans. DS/USA now offers nationwide sports rehabilitation programs to anyone with a permanent disability.

## **Epilepsy Foundation**

Phone: **800-332-1000**

Website: **[www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)**

The Epilepsy Foundation of America is the national voluntary agency dedicated solely to the welfare of the almost 3 million people with epilepsy in the U.S. and their families.

### **Family Caregiver Alliance**

Phone: **415-434-3388**

Website: **<http://caregiver.org/caregiver/jsp>**

Founded in 1977, Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home.

### **Give an Hour**

Phone: **Not listed**

Website: **[www.giveanhour.org](http://www.giveanhour.org)**

Give an Hour is dedicated to meeting the mental health needs of the troops and families affected by the ongoing conflicts in Iraq and Afghanistan. The program is asking mental health professionals nationwide to literally give an hour of their time each week to provide free mental health services to military personnel and their families. The website includes a list of participating professionals.

### **Homeless Veterans Treatment Programs**

Phone: **877-424-3838**

Website: **[www.va.gov/homeless/](http://www.va.gov/homeless/)**

Offers a continuum of services to Veterans that include: outreach to homeless veterans, clinical assessment and referral for medical treatment, long term sheltered transitional assistance, case management, and rehabilitation, employment assistance, and supported permanent housing.

### **Iraq and Afghanistan Veterans of America**

Phone: **212-982-9699**

Website: **[www.iava.org/index.php](http://www.iava.org/index.php)**

The mission of this organization is to ensure the enactment of policies that properly provide for our Troops and Veterans, keep our military strong, and guarantee our national security.

### **Marine for Life Injured Support**

Phone: **866-645-8762**

Website: **[www.m4l.usmc.mil](http://www.m4l.usmc.mil)**

The Marine for Life Injured Support program offers information and advocacy to injured Marines and sailors. The Traumatic Brain Injury link has information and resources for TBI patients and their families.

### **Military OneSource**

Phone: **800-342-9647**

Website: **[www.militaryonesource.com](http://www.militaryonesource.com)**

The Military OneSource program provides information, resources, education, and various programs and opportunities to military members and their families. The organization also offers 12 free counseling sessions.

### **National Alliance on Mental Illness**

Phone: **800-950-6264**

Website: **[www.nami.org/veterans](http://www.nami.org/veterans)**

NAMI provides a Veteran's resource center to help support active duty military, veterans, and their families facing mental illness such as depression and PTSD.

# Service Resources

---

## **The National Center for Post-Traumatic Stress Disorder**

Phone: **802-296-6300**

Website: **<http://www.ncptsd.va.gov>**

A special center within Veterans Affairs that has its mission to advance the clinical care and social welfare of America's veterans through research, education, and training in the science, diagnosis, and treatment of PTSD and stress disorders.

## **National Coalition for Homeless Veterans (NCHV)**

Phone: **800-VET-HELP (838-4357)**

Website: **[www.nchv.org](http://www.nchv.org)**

The resource and technical center for a National network of community-based service providers and local, state, and federal agencies that provide emergency and supportive housing, food, health services, job training and placement, legal aid, and case management support.

## **National Resource Center for Traumatic Brain Injury**

Phone: **804-828-9055**

Website: **<http://www.nrc.pmr.vcu.edu/>**

The mission of the National Resource Center for Traumatic Brain Injury (NRCTBI) is to provide relevant, practical information for professionals, persons with brain injury, and family members.

## **National Resource Directory**

Phone: **800-342-9647**

Website: **[www.nationalresourcedirectory.gov](http://www.nationalresourcedirectory.gov)**

The National Resource Directory provides information and resources for Wounded Warriors and their families. Resources on benefits and compensation, education and training, employment, family and caregiver support, health, homelessness assistance, housing, transportation and travel, and other services and support.

## **Navy Safe Harbor**

Phone: **877-746-8563**

Website: **[www.npc.navy.mil/CommandSupport/SafeHarbor](http://www.npc.navy.mil/CommandSupport/SafeHarbor)**

The Navy Safe Harbor program provides information and resources on programs offered through the VA and DoD for severely injured service members.

## **Project Victory**

Phone: **713-877-0489**

Website: **[www.tirrfoundation.org/victory.asp](http://www.tirrfoundation.org/victory.asp)**

Project Victory is a brain injury rehabilitation program developed specifically to treat US military service members who have sustained a TBI. They provide soldiers with access to a brain injury rehabilitation program at no cost to the service member.

## **Real Warriors Campaign**

Phone: **866-966-1020**

Website: **[www.realwarriors.net](http://www.realwarriors.net)**

The Real Warriors Campaign is an initiative launched by the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) to promote the processes of building resilience, facilitating recovery and supporting reintegration of returning service members, veterans and their families.

### **Rehabilitation Research and Training Center (RRTC) on Community Integration of Persons with Traumatic Brain Injury**

Phone: **713-630-0526**

Website: **[www.tbicommunity.org](http://www.tbicommunity.org)**

The Rehabilitation Research and Training Center (RRTC) on Community Integration of Persons with TBI seeks to make available information, resources, and services that maximize participation of people with TBI in their communities. The center focuses on all aspects of community integration, including traditionally under-emphasized areas such as friendship, intimacy, and creative expression.

### **Sesame Street Workshop--Talk, Listen, Connect: Deployments, Homecomings, Changes**

Phone: **212-595-3456**

Website: **[www.sesameworkshop.org](http://www.sesameworkshop.org)**

In recognition of the contributions made by the United States Armed Forces, Sesame Workshop presents its bilingual educational outreach initiative, Talk, Listen, Connect, designed for military families and their young children to share.

### **The Substance Abuse and Mental Health Services Administration**

Phone: **877-SAMHSA-7 (726-4727)**

Website: **[www.samhsa.gov/vets](http://www.samhsa.gov/vets)**

SAMHSA provides resources for returning veterans and their families. The site includes a mental health services provider locator map with directory and a substance abuse treatment facility locator map with directory.

### **Traumatic Brain Injury: The Journey Home**

Phone: **719-333-7565**

Website: **[www.traumaticbraininjuryatoz.org](http://www.traumaticbraininjuryatoz.org)**

Traumatic Brain Injury: The Journey Home is a CEMM web resource on Traumatic Brain Injury (TBI), including information for patients, family members, and caregivers.

### **U.S. Army Wounded Warrior Program**

Phone: **877-393-9058**

Website: **[www.aw2.army.mil](http://www.aw2.army.mil)**

The US Army Wounded Warrior Program provides support, information, and advocacy for severely injured soldiers and their families. The site has resource information, and links to other websites. It provides information to help soldiers transition from military to the civilian community.

### **VA Polytrauma Center**

Phone: **800-827-1000**

Website: **[www.polytrauma.va.gov](http://www.polytrauma.va.gov)**

Polytrauma care is for veterans and returning service members with injuries to more than one physical region of their body which results in physical, cognitive, psychological, or psychosocial impairments and functional disability. The system of care includes 4 Polytrauma Rehabilitation Centers, 21 Polytrauma Network sites, and Polytrauma Support Clinic teams.

# Service Resources

---

## **Veterans and Families**

Phone: **916-422-5005**

Website: **[www.veteransandfamilies.org](http://www.veteransandfamilies.org)**

Veterans and Families provides help to families, employers, and communities with Homecoming Veterans who are transitioning to civilian life. They provide guides that help families and Veterans address the emotional and psychological readjustment needs of coming home.

## **Veterans of Foreign Wars of the United States (VFW)**

Phone: **816-756-3390**

Website: **[www.vfw.org](http://www.vfw.org)**

The VFW has many programs that support Veterans, those currently serving in the military, and families through a variety of programs: National Veteran Service, National Legislative Services, National Military Services.



## Accommodations for Disabilities

Active Duty Dental Program	<a href="http://www.addp-ucci.com">www.addp-ucci.com</a>
After Deployment	<a href="http://www.afterdeployment.org">www.afterdeployment.org</a>
Air Compassion for Veterans	<a href="http://www.aircompassionforveterans.org/events">www.aircompassionforveterans.org/events</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
Air Force Wounded Warrior Program	<a href="http://www.woundedwarrior.af.mil">www.woundedwarrior.af.mil</a>
Air Warrior Courage Foundation	<a href="http://www.airwarriorcourage.org">www.airwarriorcourage.org</a>
America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
American Disability Association	<a href="http://www.adanet.org">www.adanet.org</a>
American Veterans With Brain Injuries	<a href="http://www.avbi.org">www.avbi.org</a>
American's Vet Dogs	<a href="http://www.vetdogs.org">www.vetdogs.org</a>
America's Huey 091 Foundation	<a href="http://www.huey091foundation.org">www.huey091foundation.org</a>
Arizona Workforce Connection*	<a href="http://www.arizonaworkforceconnection.com">www.arizonaworkforceconnection.com</a>
Armed Forces Foundation	<a href="http://www.armedforcesfoundation.org">www.armedforcesfoundation.org</a>
Army OneSource	<a href="http://www.myarmyonesource.com">www.myarmyonesource.com</a>
Association for Thought Field Therapy	<a href="http://www.atftfoundation.org">www.atftfoundation.org</a>
Azalea Charities Aid for Wounded Soldiers	<a href="http://www.azaleacharities.com">www.azaleacharities.com</a>
Battlemind Training	<a href="http://www.battlemind.org">www.battlemind.org</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Brain Injury Association of USA	<a href="http://www.biausa.org">www.biausa.org</a>
Building Homes for Heroes	<a href="http://www.buildinghomesforheroes.com">www.buildinghomesforheroes.com</a>
Burial Locations of Veterans	<a href="http://gravelocator.cem.va.gov">http://gravelocator.cem.va.gov</a>
Cadence Therapeutic Riding Center	<a href="http://www.cadenceriding.org">www.cadenceriding.org</a>
Challenge America	<a href="http://www.challengeamerica.com">www.challengeamerica.com</a>
Challenge Aspen	<a href="http://www.challengeaspen.com">www.challengeaspen.com</a>
Challenged Athlete Foundation	<a href="http://www.challengedathletes.org">www.challengedathletes.org</a>
CHAMPVA for dependents	<a href="http://www.va.gov/hac/forbeneficiaries/champva/champva.asp">www.va.gov/hac/forbeneficiaries/champva/champva.asp</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Colorado Legion	<a href="http://www.coloradolegion.org">www.coloradolegion.org</a>
Colorado Traumatic Brain Injury Trust Fund	<a href="http://www.cdhs.state.co.us/tbi/definition_of_tbi.htm">www.cdhs.state.co.us/tbi/definition_of_tbi.htm</a>
Comfort for America's Uniformed Services	<a href="http://www.cause-usa.org">www.cause-usa.org</a>
Defense and Veterans Brian Injury Center	<a href="http://www.dvbic.org">www.dvbic.org</a>
Disabled American Veterans	<a href="http://www.dav.org">www.dav.org</a>
Disabled Sports USA	<a href="http://www.dsusa.org">www.dsusa.org</a>
Dive Pirates Foundation	<a href="http://www.divepirates.org">www.divepirates.org</a>
Enable America	<a href="http://www.enableamerica.org">www.enableamerica.org</a>
Fallen Patriot Fund	<a href="http://www.fallenpatriotfund.org">www.fallenpatriotfund.org</a>

# Website Resources

## Accommodations for Disabilities

Active Duty Dental Program	<a href="http://www.addp-ucci.com">www.addp-ucci.com</a>
After Deployment	<a href="http://www.afterdeployment.org">www.afterdeployment.org</a>
Air Compassion for Veterans	<a href="http://www.aircompassionforveterans.org/events">www.aircompassionforveterans.org/events</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
Air Force Wounded Warrior Program	<a href="http://www.woundedwarrior.af.mil">www.woundedwarrior.af.mil</a>
Air Warrior Courage Foundation	<a href="http://www.airwarriorcourage.org">www.airwarriorcourage.org</a>
America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
American Disability Association	<a href="http://www.adanet.org">www.adanet.org</a>
American Veterans With Brain Injuries	<a href="http://www.avbi.org">www.avbi.org</a>
American's Vet Dogs	<a href="http://www.vetdogs.org">www.vetdogs.org</a>
America's Huey 091 Foundation	<a href="http://www.huey091foundation.org">www.huey091foundation.org</a>
Arizona Workforce Connection*	<a href="http://www.arizonaworkforceconnection.com">www.arizonaworkforceconnection.com</a>
Armed Forces Foundation	<a href="http://www.armedforcesfoundation.org">www.armedforcesfoundation.org</a>
Army OneSource	<a href="http://www.myarmyonesource.com">www.myarmyonesource.com</a>
Association for Thought Field Therapy	<a href="http://www.atftfoundation.org">www.atftfoundation.org</a>
Azalea Charities Aid for Wounded Soldiers	<a href="http://www.azaleacharities.com">www.azaleacharities.com</a>
Battlemind Training	<a href="http://www.battlemind.org">www.battlemind.org</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Brain Injury Association of USA	<a href="http://www.biausa.org">www.biausa.org</a>
Building Homes for Heroes	<a href="http://www.buildinghomesforheroes.com">www.buildinghomesforheroes.com</a>
Burial Locations of Veterans	<a href="http://gravelocator.cem.va.gov">http://gravelocator.cem.va.gov</a>
Cadence Therapeutic Riding Center	<a href="http://www.cadenceriding.org">www.cadenceriding.org</a>
Challenge America	<a href="http://www.challengeamerica.com">www.challengeamerica.com</a>
Challenge Aspen	<a href="http://www.challengeaspen.com">www.challengeaspen.com</a>
Challenged Athlete Foundation	<a href="http://www.challengedathletes.org">www.challengedathletes.org</a>
CHAMPVA for dependents	<a href="http://www.va.gov/hac/forbeneficiaries/champva/champva.asp">www.va.gov/hac/forbeneficiaries/champva/champva.asp</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Colorado Legion	<a href="http://www.coloradolegion.org">www.coloradolegion.org</a>
Colorado Traumatic Brain Injury Trust Fund	<a href="http://www.cdhs.state.co.us/tbi/definition_of_tbi.htm">www.cdhs.state.co.us/tbi/definition_of_tbi.htm</a>
Comfort for America's Uniformed Services	<a href="http://www.cause-usa.org">www.cause-usa.org</a>
Defense and Veterans Brian Injury Center	<a href="http://www.dvbic.org">www.dvbic.org</a>
Disabled American Veterans	<a href="http://www.dav.org">www.dav.org</a>
Disabled Sports USA	<a href="http://www.dsusa.org">www.dsusa.org</a>
Dive Pirates Foundation	<a href="http://www.divepirates.org">www.divepirates.org</a>
Enable America	<a href="http://www.enableamerica.org">www.enableamerica.org</a>
Fallen Patriot Fund	<a href="http://www.fallenpatriotfund.org">www.fallenpatriotfund.org</a>
Family & Friends for Freedom Fund, Inc.	<a href="http://www.injuredmarinesfund.org">www.injuredmarinesfund.org</a>

## Website Resources

### Accommodations for Disabilities

Farmer– Veteran Coalition	<a href="http://www.Farmvetco.org">www.Farmvetco.org</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Forgotten Heroes	<a href="http://www.usaforgottenheroes.com">www.usaforgottenheroes.com</a>
Free Life Coaching for Wounded Warriors	<a href="http://www.thepurpleheartproject.org">www.thepurpleheartproject.org</a>
Freedom Hunters	<a href="http://www.freedomhunters.org">www.freedomhunters.org</a>
Freedom is Not Free	<a href="http://www.freedomisnotfree.com">www.freedomisnotfree.com</a>
Global Tattoo Orthotic Prosthetic Innovations	<a href="http://www.gtopi.com">www.gtopi.com</a>
Gold Stars Wives of America, Inc.	<a href="http://www.goldstarwives.org">www.goldstarwives.org</a>
Gulf War Veterans	<a href="http://www.gulfweb.org">www.gulfweb.org</a>
Hearts and Horses	<a href="http://www.heartsandhorses.org">www.heartsandhorses.org</a>
Helping Hands	<a href="http://www.monkeyhelpers.org">www.monkeyhelpers.org</a>
Homes for our Troops	<a href="http://www.homesforourtroops.org">www.homesforourtroops.org</a>
Hope for the Warriors	<a href="http://www.hopeforthewarriors.org">www.hopeforthewarriors.org</a>
Horses for Heroes	<a href="http://www.narha.org">www.narha.org</a>
Independence Fund	<a href="http://www.independencfund.org">www.independencfund.org</a>
Jewish War Veterans	<a href="http://www.jwv.org">www.jwv.org</a>
Job Accommodation Network	<a href="http://www.jan.wvu.edu">www.jan.wvu.edu</a>
Judis House	<a href="http://www.judishouse.org">www.judishouse.org</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
Lakeshore Foundation	<a href="http://www.lakeshore.org">www.lakeshore.org</a>
Landstuhl Hospital Care Project	<a href="http://www.landstuhlhospitalcareproject.org">www.landstuhlhospitalcareproject.org</a>
Laptops for the Wounded	<a href="http://www.LaptopsForTheWounded.com">www.LaptopsForTheWounded.com</a>
Life Quest Transitions	<a href="http://www.lqtransitions.org">www.lqtransitions.org</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
Military Coalition	<a href="http://www.themilitarycoalition.org">www.themilitarycoalition.org</a>
Military Medical Support Office	<a href="http://www.tricare.mil/tma/MMSO/index.aspx">www.tricare.mil/tma/MMSO/index.aspx</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
My Army Benefits	<a href="http://myarmybenefits.us.army.mil/">http://myarmybenefits.us.army.mil/</a>
National Amputation Foundation	<a href="http://www.nationalamputation.org">www.nationalamputation.org</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/CommandSupport/Safe-Harbor">www.npc.navy.mil/CommandSupport/Safe-Harbor</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation IMPACT	<a href="http://operationimpact.ms.northropgrumman.com">http://operationimpact.ms.northropgrumman.com</a>
Operation Military Embrace	<a href="http://www.operationmilitaryembrace.com">www.operationmilitaryembrace.com</a>
Operation Quiet Comfort	<a href="http://www.operationquietcomfort.com">www.operationquietcomfort.com</a>

# Website Resources

## Accommodations for Disabilities

Operation Second Chance	<a href="http://www.operationsecondchance.org">www.operationsecondchance.org</a>
Operation TBI Freedom in Denver	<a href="http://OperationTBIFreedom.org">OperationTBIFreedom.org</a>
Outdoor Buddies	<a href="http://www.outdoorbuddies.org">www.outdoorbuddies.org</a>
Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Pentagon Foundation	<a href="http://www.pentagonfoundation.org">www.pentagonfoundation.org</a>
Pets 2 Vets	<a href="http://www.PETS2VETS.org">www.PETS2VETS.org</a>
Pike Peak Therapeutic Riding Center	<a href="http://www.pptrc.org">www.pptrc.org</a>
Project Sanctuary	<a href="http://www.projectsanctuary.us">www.projectsanctuary.us</a>
Project Victory	<a href="http://www.tirrfoundation.org">www.tirrfoundation.org</a>
Rebuild Hope	<a href="http://www.rebuildhope.org">www.rebuildhope.org</a>
Ride 2 Recovery	<a href="http://www.ride2recovery.com/about-us.html">www.ride2recovery.com/about-us.html</a>
Road 2 Recovery	<a href="http://www.road2recovery.us.com">www.road2recovery.us.com</a>
Salute Military Golf Association	<a href="http://www.golfsalute.org">www.golfsalute.org</a>
Semper Fi Fund	<a href="http://www.semperfund.org">www.semperfund.org</a>
Sentinels of Freedom Scholarship Foundation	<a href="http://www.sentinelsoffreedom.org">www.sentinelsoffreedom.org</a>
Severely Injured Service Members & Dependents	<a href="http://www.dantes.doded.mil/sfd/index.asp?Flag=True">www.dantes.doded.mil/sfd/index.asp?Flag=True</a>
Sew Much Comfort	<a href="http://www.sewmuchcomfort.org">www.sewmuchcomfort.org</a>
Silver Star Families of America	<a href="http://www.silverstarfamilies.org">www.silverstarfamilies.org</a>
Strikeouts for Troops	<a href="http://www.strikeoutsfortroops.com">www.strikeoutsfortroops.com</a>
Sun Valley Adaptive Sports	<a href="http://www.svasp.org">www.svasp.org</a>
Support Our Soldiers America	<a href="http://www.sosamericainc.org">www.sosamericainc.org</a>
TexVet	<a href="http://www.texvet.com">www.texvet.com</a>
The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
The Home Front Cares	<a href="http://www.thehomefrontcares.org">www.thehomefrontcares.org</a>
The Veteran's Corporation	<a href="http://www.VeteransCorp.org">www.VeteransCorp.org</a>
Transition Assistance Program	<a href="http://www.transitionassistanceprogram.com">www.transitionassistanceprogram.com</a>
Transition Assistant Advisor	<a href="http://www.taapmo.com/">www.taapmo.com/</a>
Tricare Dental	<a href="http://www.tricare dentalprogram.com">www.tricare dentalprogram.com</a>
Tricare North Region	<a href="http://www.healthnetfederalservices.com">www.healthnetfederalservices.com</a>
Tricare Pharmacy	<a href="http://www.express-scripts.com">www.express-scripts.com</a>
Tricare Reserve Select	<a href="http://www.dmdc.osd.mil/appj/esgr/privacyAction.do">www.dmdc.osd.mil/appj/esgr/privacyAction.do</a>
Tricare Retiree Dental	<a href="http://www.trdp.org">www.trdp.org</a>
Tricare South Region	<a href="http://www.humana-military.com">www.humana-military.com</a>
U.S. Air Force Casualty Matters Division	<a href="http://www.afpc.randolph.af.mil">www.afpc.randolph.af.mil</a>
US Army Casualty and Memorial Affairs	<a href="http://www.armycasualty.army.mil">www.armycasualty.army.mil</a>
US Department of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
US Dept. of Labor-VETS	<a href="http://www.dol.gov/vets">www.dol.gov/vets</a>
VA Homeless Program	<a href="http://www1.va.gov/homeless/">www1.va.gov/homeless/</a>

## Website Resources

### Accommodations for Disabilities- Advocacy

Vacation for Veterans	<a href="http://www.vacationsforveterans.org">www.vacationsforveterans.org</a>
Veteran Business	<a href="http://www.vetbiz.gov">www.vetbiz.gov</a>
Veteran Care Giver	<a href="http://www.VeteranCareGiver.com">www.VeteranCareGiver.com</a>
Veterans Affairs Supportive Housing	<a href="http://www.hud.gov/webcasts/archives/vash.cfm">www.hud.gov/webcasts/archives/vash.cfm</a>
Veterans Airlift Command	<a href="http://www.veteransairlift.org">www.veteransairlift.org</a>
Veterans Benefits Administration	<a href="http://www.vba.va.gov/">www.vba.va.gov/</a>
Vietnam Veterans of America	<a href="http://www.vva.org">www.vva.org</a>
Warrior Foundation	<a href="http://www.warriorfoundation.com">www.warriorfoundation.com</a>
Warrior Weekend	<a href="http://www.WarriorWeekend.com">www.WarriorWeekend.com</a>
Watering Seeds Organization	<a href="http://www.wateringseeds.org">www.wateringseeds.org</a>
Welcome Back Veterans	<a href="http://www.WelcomeBackVeterans.org">www.WelcomeBackVeterans.org</a>
Women's Trauma Recovery Program	<a href="http://www.womenvetsptsd.va.gov">www.womenvetsptsd.va.gov</a>
Wounded EOD Warrior	<a href="http://www.woundedeodwarrior.org">www.woundedeodwarrior.org</a>
Wounded Heroes Fund	<a href="http://www.woundedheroesfund.net">www.woundedheroesfund.net</a>
Wounded Marine Careers Foundation	<a href="http://www.woundedmarinecareers.org">www.woundedmarinecareers.org</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>
Wounded Warrior Resource Center	<a href="http://www.woundedwarriorresourcecenter.com">www.woundedwarriorresourcecenter.com</a>
Yellow Ribbon America	<a href="http://www.yellowribbonfund.com">www.yellowribbonfund.com</a>

### Advocacy

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
AM Vets	<a href="http://www.amvets.org">www.amvets.org</a>
American Disability Association	<a href="http://www.adanet.org">www.adanet.org</a>
American Legion	<a href="http://www.legion.org">www.legion.org</a>
American Legion Auxiliary	<a href="http://www.legion-aux.org">www.legion-aux.org</a>
Association of the United States Army	<a href="http://www.ausa.org">www.ausa.org</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Coalition of Troop Support	<a href="http://www.cotsupport.org">www.cotsupport.org</a>
Coma Recovery	<a href="http://www.waiting.com">www.waiting.com</a>
Disabled American Veterans	<a href="http://www.dav.org">www.dav.org</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
HadIt.com Veteran to Veteran	<a href="http://www.hadit.com">www.hadit.com</a>
Helping Our Heroes Foundation	<a href="http://www.hohf.org/links.htm">www.hohf.org/links.htm</a>
Heroes to Hometowns	<a href="http://www.militaryhomefront.dod.mil/heroes">www.militaryhomefront.dod.mil/heroes</a>
Hire Vets First	<a href="http://www.hirevetsfirst.dol.gov">www.hirevetsfirst.dol.gov</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
Military Family Program	<a href="http://www.carlisle.army.mil/usawc/dclm/joint.htm">www.carlisle.army.mil/usawc/dclm/joint.htm</a>
Military Home front	<a href="http://www.militaryhomefront.dod.mil">www.militaryhomefront.dod.mil</a>
Military Order of the Purple Heart	<a href="http://www.purpleheart.org">www.purpleheart.org</a>

# Website Resources

## Advocacy- Counseling

Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
National Amputation Foundation	<a href="http://www.nationalamputation.org">www.nationalamputation.org</a>
National Association for Uniformed Services	<a href="http://www.naus.org">www.naus.org</a>
National Military Family Association	<a href="http://www.nmfa.org">www.nmfa.org</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/CommandSupport/Safe-Harbor">www.npc.navy.mil/CommandSupport/Safe-Harbor</a>
Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Tragedy Assistance Program for Survivors	<a href="http://www.taps.org">www.taps.org</a>
US Court of Appeals for Veterans Claims	<a href="http://www.uscourts.cavc.gov">www.uscourts.cavc.gov</a>
US Department of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
US Dept. of Labor-VETS	<a href="http://www.dol.gov/vets">www.dol.gov/vets</a>
Veterans of Foreign Wars	<a href="http://www.vfw.org">www.vfw.org</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>

## Child Care Expenses

Army OneSource	<a href="http://www.myarmyonesource.com/familyprogramsandservices/default.aspx">www.myarmyonesource.com/familyprogramsandservices/default.aspx</a>
Child Care Resource & Referral	<a href="http://www.azchildcare.org">www.azchildcare.org</a>
Folds of Honor Foundation	<a href="http://www.foldsofhonor.org">www.foldsofhonor.org</a>
Little Patriots Embraced	<a href="http://www.littlepatriotembraced.org">www.littlepatriotembraced.org</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
National Military Family Association	<a href="http://www.nmfa.org">www.nmfa.org</a>
Operation Home front	<a href="http://www.operationhomefront.net">www.operationhomefront.net</a>
Our Military Kids	<a href="http://www.ourmilitarykids.org">www.ourmilitarykids.org</a>
Pentagon Federal Credit Union Foundation	<a href="http://www.pentagonfoundation.org">www.pentagonfoundation.org</a>

## Counseling

A New Leaf	<a href="http://www.turnanewleaf.org">www.turnanewleaf.org</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
American Soldier Foundation	<a href="http://www.soldierfoundation.org">www.soldierfoundation.org</a>
Army Long Term Family Case Management	<a href="http://www.altfcm.army.mil">www.altfcm.army.mil</a>
Army Wounded Warrior Program	<a href="http://www.aw2.army.mil">www.aw2.army.mil</a>
Art of Redirection Counseling	<a href="http://www.artofredirection.com">www.artofredirection.com</a>
Bereavement Counseling	<a href="mailto:vet.center@HQ.med.va.gov">vet.center@HQ.med.va.gov</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Camp Solari	<a href="http://www.solarihospice.com/go2/solari-kids-camp.cfm">www.solarihospice.com/go2/solari-kids-camp.cfm</a>
Care for the Troops	<a href="http://CareForTheTroops.org">CareForTheTroops.org</a>

## Website Resources

Counseling

Catholic Charities	<a href="http://www.catholiccharitiesaz.com">www.catholiccharitiesaz.com</a>
Child Crisis Center	<a href="http://www.childcrisis.org">www.childcrisis.org</a>
Citizen Soldier Support Program	<a href="http://www.citizensoldiersupport.org/">www.citizensoldiersupport.org/</a>
Coming Home Project	<a href="http://www.cominghomeproject.net">www.cominghomeproject.net</a>
Defense Activities for Non-trad. Ed. Support	<a href="http://www.dantes.doded.mil">www.dantes.doded.mil</a>
Disabled American Veterans	<a href="http://www.dav.org">www.dav.org</a>
Families for Depression Awareness	<a href="http://www.familyaware.org">www.familyaware.org</a>
Give an Hour	<a href="http://www.giveanhour.org">www.giveanhour.org</a>
GriefNet	<a href="http://www.griefnet.org/">www.griefnet.org/</a>
Helping Our Heroes Foundation	<a href="http://www.hohf.org/links.htm">www.hohf.org/links.htm</a>
Hope Coming Ministries	<a href="http://www.hopecoming.com/military.html">www.hopecoming.com/military.html</a>
Jewish Family & Children's Services	<a href="http://www.jfcsaz.org">www.jfcsaz.org</a>
Judis House	<a href="http://www.judishouse.org">www.judishouse.org</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
Little Patriots Embraced	<a href="http://www.littlepatriotembraced.org">www.littlepatriotembraced.org</a>
Lost and Found Inc.	<a href="http://www.lostandfoundinc.org">www.lostandfoundinc.org</a>
Military Family Research Institute at Purdue	<a href="http://www.cfs.purdue.edu/MFRI/pages/military">www.cfs.purdue.edu/MFRI/pages/military</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
National Center for PTSD	<a href="http://www.ncptsd.va.gov">www.ncptsd.va.gov</a>
National Military Family Association	<a href="http://www.nmfa.org">www.nmfa.org</a>
National Rehabilitation & Rediscovery Foundation	<a href="http://www.nrrf.us">www.nrrf.us</a>
National Restoration to Military Families Team	<a href="http://www.nrt-caring.org">www.nrt-caring.org</a>
National Suicide Prevention Lifeline	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/CommandSupport/SafeHarbor">www.npc.navy.mil/CommandSupport/SafeHarbor</a>
New Song	<a href="http://www.thenewsongcenter.org">www.thenewsongcenter.org</a>
ONE Freedom	<a href="http://www.onefreedom.org">www.onefreedom.org</a>
Online Support for Military Families	<a href="http://www.JamesJMessina.com">www.JamesJMessina.com</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
People House	<a href="http://www.peoplehouse.org">www.peoplehouse.org</a>
Pike Peak Behavioral Health Group	<a href="http://www.ppbhg.org">www.ppbhg.org</a>
Project Focus	<a href="http://www.focusproject.org">www.focusproject.org</a>
Real Warriors Campaign	<a href="http://www.realwarriors.net">www.realwarriors.net</a>
Rebuild Hope	<a href="http://www.rebuildhope.org">www.rebuildhope.org</a>
Reserve Officer's Association	<a href="http://www.roa.org">www.roa.org</a>
Sgt. Brandi	<a href="http://www.sgtbrandi.com">www.sgtbrandi.com</a>
Sleep Recover and Reintegration	<a href="http://www.annewein.com">www.annewein.com</a>
Soldiers Project	<a href="http://www.thesoldiersproject.org">www.thesoldiersproject.org</a>

# Website Resources

## Counseling- Domestic Violence

Still Serving Veterans	<a href="http://www.stillservingveterans.org">www.stillservingveterans.org</a>
Strategic Outreach to Families of all Reservists	<a href="http://www.sofarusa.org">www.sofarusa.org</a>
Suicide Awareness Voices of Education	<a href="http://www.save.org">www.save.org</a>
Suicide Prevention Resource Center	<a href="http://www.sprc.org">www.sprc.org</a>
Sunrise Seminars	<a href="http://www.sunriseseminars.com">www.sunriseseminars.com</a>
TERROS, Inc.	<a href="http://www.terros.org">www.terros.org</a>
The Mental Health Self-Assessment Program	<a href="http://www.militarymentalhealth.org">www.militarymentalhealth.org</a>
The Soldiers Project	<a href="http://www.thesoldiersproject.org">www.thesoldiersproject.org</a>
The Veteran's Corporation	<a href="http://www.VeteransCorp.org">www.VeteransCorp.org</a>
Tragedy Assistance Program for Survivors	<a href="http://www.taps.org">www.taps.org</a>
Tricare	<a href="http://www.tricare.osd.mil">www.tricare.osd.mil</a>
United Service Organization	<a href="http://www.uso.org">www.uso.org</a>
United States Welcome Home Foundation	<a href="http://www.uswelcomehome.org">www.uswelcomehome.org</a>
University Behavioral Health of El Paso	<a href="http://www.ubhelpaso.com">www.ubhelpaso.com</a>
US Department of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
US Department of Veterans Affairs	<a href="http://www.vetcenter.va.gov/RCS/Bereavement_Counseling.asp">www.vetcenter.va.gov/RCS/Bereavement_Counseling.asp</a>
Valle del Sol, Inc.	<a href="http://www.valledelsol.com">www.valledelsol.com</a>
Vet Center	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
Vet Centers (Readjustment Counseling)	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
Veterans and Families Coming Home	<a href="http://www.veteransandfamilies.org">www.veteransandfamilies.org</a>
Veterans Families United Foundation	<a href="http://www.veteransfamiliesunited.org">www.veteransfamiliesunited.org</a>
Veterans Helping Veterans Now	<a href="http://www.vhvnow.org">www.vhvnow.org</a>
Veterans Outreach Center, Inc	<a href="http://www.veteransoutreachcenter.org">www.veteransoutreachcenter.org</a>
Veterans Resource Network	<a href="http://www.vrnonline.org">www.vrnonline.org</a>
Vets 4 Vets	<a href="http://www.vets4vets.us">www.vets4vets.us</a>
Widows Information and Consultation Service	<a href="http://www.nw-seniorsonline.org/widow.html">www.nw-seniorsonline.org/widow.html</a>
A New Leaf	<a href="http://www.turnanewleaf.org">www.turnanewleaf.org</a>

## Domestic Violence

Catholic Charities	<a href="http://www.catholiccharitiesaz.com">www.catholiccharitiesaz.com</a>
Chrysalis	<a href="http://www.chrysalis-shelter.org">www.chrysalis-shelter.org</a>
National Domestic Violence Hotline	<a href="http://www.ndvh.org">www.ndvh.org</a>
Sojourner Center	<a href="http://www.sojournercenter.org">www.sojournercenter.org</a>



### Education and Scholarships

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
A Million Thanks	<a href="http://www.amillionthanks.org">www.amillionthanks.org</a>
Air Force Aid Society	<a href="http://www.afas.org">www.afas.org</a>
Air Force Association Spouse Scholarship	<a href="http://www.afa.org/aef/aid/spouse.asp">www.afa.org/aef/aid/spouse.asp</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
Air Warrior Courage Foundation	<a href="http://www.airwarriorcourage.org">www.airwarriorcourage.org</a>
AM Vets	<a href="http://www.amvets.org">www.amvets.org</a>
America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
American Disability Association	<a href="http://www.adanet.org">www.adanet.org</a>
American Legion	<a href="http://www.legion.org">www.legion.org</a>
American Legion Auxiliary	<a href="http://www.legion-aux.org">www.legion-aux.org</a>
American Legion Temp Financial Assistance	<a href="http://www.legion.org/financialassistance">www.legion.org/financialassistance</a>
American Soldier Foundation	<a href="http://www.soldierfoundation.org">www.soldierfoundation.org</a>
Anchor Scholarship Foundation	<a href="http://www.anchor scholarship.com">www.anchor scholarship.com</a>
Armed Forces Communications & Electronic	<a href="http://www.afcea.org">www.afcea.org</a>
Army Aviation Association of America	<a href="http://www.quad-a.org">www.quad-a.org</a>
Army Emergency Relief	<a href="http://www.aerhq.org/news_assistancetowidows%20.asp">www.aerhq.org/news_assistancetowidows%20.asp</a>
Army Emergency Relief Spouse Ed. Assistance	<a href="http://www.aerhq.org/education_spouseeducation_assistance.asp">www.aerhq.org/education_spouseeducation_assistance.asp</a>
Army Family Programs	<a href="http://www.arfp.org">www.arfp.org</a>
Army OneSource	<a href="http://www.myarmyonesource.com/familyprogramsandservices">www.myarmyonesource.com/familyprogramsandservices</a>
Army Scholarship Foundation	<a href="http://www.ArmyScholarshipFoundation.org">www.ArmyScholarshipFoundation.org</a>
Army Wounded Warrior Program	<a href="http://www.aw2.army.mil">www.aw2.army.mil</a>
Association of the United States Army	<a href="http://www.ausa.org">www.ausa.org</a>
Beaumont Foundation of America	<a href="http://www.bmtfoundation.com">www.bmtfoundation.com</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Camp Solari	<a href="http://www.solarihospice.com/go2/solari-kids-camp.cfm">www.solarihospice.com/go2/solari-kids-camp.cfm</a>
Captain Scott Corwin Foundation	<a href="http://www.captainscottcorwinfoundation.org">www.captainscottcorwinfoundation.org</a>
Child Grief Education Association	<a href="http://www.childgrief.org/">www.childgrief.org/</a>
Children of Fallen Heroes	<a href="http://www.cfsrf.org">www.cfsrf.org</a>
Children of Fallen Patriots Foundation	<a href="http://www.fallenpatriots.org">www.fallenpatriots.org</a>
Children of Fallen Soldiers Relief Fund	<a href="http://www.cfsrf.org">www.cfsrf.org</a>
Citizen Soldier Support Program	<a href="http://www.citizensoldiersupport.org/">www.citizensoldiersupport.org/</a>
College Board Scholarship Search	<a href="http://apps.collegeboard.com/cbsearch_ss/welcome.jsp">http://apps.collegeboard.com/cbsearch_ss/welcome.jsp</a>
Coming Home Project	<a href="http://www.cominghomeproject.net">www.cominghomeproject.net</a>

# Website Resources

## Education and Scholarships

Defense Activities for Non-trad. Ed. Support	<a href="http://www.dantes.doded.mil">www.dantes.doded.mil</a>
Education 4 Military	<a href="http://www.education4military.com">www.education4military.com</a>
Elks Lodge	<a href="http://www.elks.org">www.elks.org</a>
E-Student Loan.com	<a href="http://www.estudentloan.com/">www.estudentloan.com/</a>
First Command Educational Foundation	<a href="http://www.firstcommand.org">www.firstcommand.org</a>
Fish House Foundation	<a href="http://www.fishhouse.org">www.fishhouse.org</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Folds of Honor Foundation	<a href="http://www.foldsofhonor.org">www.foldsofhonor.org</a>
Free CLEP & DANTES Exams for ARNG Spouses	<a href="http://www.voled.doded.mil">www.voled.doded.mil</a>
Freedom Alliance Scholarship	<a href="http://www.fascholarship.com">www.fascholarship.com</a>
GI Bill	<a href="http://www.gibill.va.gov">www.gibill.va.gov</a>
GI Bill information	<a href="http://www.mygibill.org">www.mygibill.org</a>
GiBill.com	<a href="http://www.gibill.com">www.gibill.com</a>
Gunnery Sergeant John David Fry Scholarship	<a href="http://www.gibill.va.gov">www.gibill.va.gov</a>
Helmets to Hardhats	<a href="http://www.helmetstohardhats.org">www.helmetstohardhats.org</a>
Joanne Holbrook Patton Spouse Scholarship	<a href="http://www.nmfa.org/site/PageServer">www.nmfa.org/site/PageServer</a>
Ladies Auxiliary of the FRA Scholarship	<a href="http://www.la-fra.org/">www.la-fra.org/</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
Little Patriots Embraced	<a href="http://www.littlepatriotembraced.org">www.littlepatriotembraced.org</a>
Marine Corps Scholarship Foundation	<a href="http://www.mcsf.org">www.mcsf.org</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
Military Family Program	<a href="http://www.carlisle.army.mil/usawc/dclm/joint.htm">www.carlisle.army.mil/usawc/dclm/joint.htm</a>
Military Family Support Resource Lists	<a href="https://minuteman.ngb.army.mil/Benefits">https://minuteman.ngb.army.mil/Benefits</a>
Military Home front	<a href="http://www.militaryhomefront.dod.mil">www.militaryhomefront.dod.mil</a>
Military OneSource	<a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
Military Order of the Purple Heart	<a href="http://www.purpleheart.org">www.purpleheart.org</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
Military Spot	<a href="http://www.militaryspot.com">www.militaryspot.com</a>
Military Spouse Career Center	<a href="http://www.military.com/spouse1">www.military.com/spouse1</a>
Military Spouse Resource Center	<a href="http://www.milspouse.org">www.milspouse.org</a>
Military Youth on the Move	<a href="http://apps.mhf.dod.mil">http://apps.mhf.dod.mil</a>
Military.com	<a href="http://www.military.com">www.military.com</a>
Military.Com Scholarship Finder	<a href="http://benefits.military.com/education/scholarship">http://benefits.military.com/education/scholarship</a>
My Soldier	<a href="http://www.mysoldier.com">www.mysoldier.com</a>
National Guard of Connecticut Scholarships	<a href="http://www.ngact.com/scholarships.html">www.ngact.com/scholarships.html</a>
National Military Family Association	<a href="http://www.nmfa.org">www.nmfa.org</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>

## Website Resources

### Education and Scholarships

National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
National Veterans Training Institute	<a href="http://www.nvti.cudenver.edu">www.nvti.cudenver.edu</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/CommandSupport/Safe-Harbor">www.npc.navy.mil/CommandSupport/Safe-Harbor</a>
Navy-Marine Corps Relief Society	<a href="http://www.nmcrs.org">www.nmcrs.org</a>
ONE Freedom	<a href="http://www.onefreedom.org">www.onefreedom.org</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Operation Military Kids	<a href="http://www.operationmilitarykids.org">www.operationmilitarykids.org</a>
Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Project We Remember	<a href="http://www.projectweremember.org">www.projectweremember.org</a>
Scholarship for Culinary Education	<a href="http://www.lesdamesatlanta.org">www.lesdamesatlanta.org</a>
Scholarship Gateway	<a href="http://www.blackexcel.org/link4.htm">www.blackexcel.org/link4.htm</a>
Scholarship Resource Network Express	<a href="http://www.srnexpress.com/">www.srnexpress.com/</a>
Scholarships for Military Children	<a href="http://www.militaryscholar.org">www.militaryscholar.org</a>
Scholarships.com	<a href="http://www.scholarships.com/">www.scholarships.com/</a>
Seabee Memorial Scholarship Foundation	<a href="http://www.seabee.org">www.seabee.org</a>
Sentinels of Freedom Scholarship Foundation	<a href="http://www.sentinelsoffreedom.org">www.sentinelsoffreedom.org</a>
Severely Injured Service Members & Dependents	<a href="http://www.dantes.doded.mil/sfd/index.asp?Flag=True">www.dantes.doded.mil/sfd/index.asp?Flag=True</a>
Special Operations Warrior Foundation	<a href="http://www.specialops.org">www.specialops.org</a>
Spouses to Teachers	<a href="http://www.spousestoteachers.com">www.spousestoteachers.com</a>
Summit Supports Our Troops	<a href="http://www.ssot.org">www.ssot.org</a>
Terry Farrell Firefighters School	<a href="http://www.terryfarrellfund.org">www.terryfarrellfund.org</a>
ThanksUSA	<a href="http://www.thanksusa.org">www.thanksusa.org</a>
The Fund For Veteran's Education	<a href="http://www.VeteransFund.org">www.VeteransFund.org</a>
The General Henry H. Arnold Education Grants	<a href="http://www.afas.org/Education/body_grant.cfm">www.afas.org/Education/body_grant.cfm</a>
The Hope Scholarship and Lifetime Learning	<a href="http://www.ed.gov/offices/OPE/PPI/HOPE/index.html">www.ed.gov/offices/OPE/PPI/HOPE/index.html</a>
Today's GI Bill	<a href="http://www.todaysgibill.org/">www.todaysgibill.org/</a>
Troops to teachers	<a href="http://www.dantes.doded.mil">www.dantes.doded.mil</a>
U of Maryland University College Scholarships	<a href="http://www.umuc.edu/financialaid/scholarships/02_programs.shtml">www.umuc.edu/financialaid/scholarships/02_programs.shtml</a>
University of Phoenix	<a href="http://www.uopxmilitary.com">www.uopxmilitary.com</a>
US Department of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
US Financial Literacy and Education Commission	<a href="http://www.mymoney.gov">www.mymoney.gov</a>
VA Education Assistance	<a href="http://www.gibill.va.gov">www.gibill.va.gov</a>
VA WMD EMSHG	<a href="http://www.va.gov/emshg/">www.va.gov/emshg/</a>
Veterans Benefits Administration	<a href="http://www.vba.va.gov/">www.vba.va.gov/</a>
Veterans First Ltd Registry*	<a href="http://www.veteransfirstltd.org">www.veteransfirstltd.org</a>

# Website Resources

## Education and Scholarships- Emergency Financial Assistance

Veterans of Foreign Wars	<a href="http://www.vfw.org">www.vfw.org</a>
VONAPP online	<a href="http://www.vabenefits.vba.va.gov/vonapp/main.asp">www.vabenefits.vba.va.gov/vonapp/main.asp</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>

## Emergency Financial Assistance

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
Air Force Aid Society	<a href="http://www.afas.org">www.afas.org</a>
Air Warrior Courage Foundation	<a href="http://www.airwarriorcourage.org">www.airwarriorcourage.org</a>
America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
American Legion Temp Financial Assistance	<a href="http://www.legion.org/financialassistance">www.legion.org/financialassistance</a>
American Military Family	<a href="http://www.AMF100.org">www.AMF100.org</a>
American Red Cross	<a href="http://www.arizonaredcross.org">www.arizonaredcross.org</a>
American Soldier Foundation	<a href="http://www.soldierfoundation.org">www.soldierfoundation.org</a>
Armed Forces Foundation	<a href="http://www.armedforcesfoundation.org">www.armedforcesfoundation.org</a>
Army Emergency Relief	<a href="http://www.aerhq.org">www.aerhq.org</a>
Army Family Programs	<a href="http://www.arfp.org">www.arfp.org</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Coast Guard Mutual Assistance	<a href="http://www.cgmahq.org">www.cgmahq.org</a>
Debtors Anonymous	<a href="http://www.debtorsanonymous.org">www.debtorsanonymous.org</a>
Elks Lodge	<a href="http://www.elks.org">www.elks.org</a>
Enduring Freedom KIA Fund	<a href="http://www.KilledInActionFund.org">www.KilledInActionFund.org</a>
Fallen Patriot Fund	<a href="http://www.fallenpatriotfund.org">www.fallenpatriotfund.org</a>
Family & Friends for Freedom Fund, Inc.	<a href="http://www.injuredmarinesfund.org">www.injuredmarinesfund.org</a>
Federal Student Financial Aid	<a href="http://www.studentaid.ed.gov">www.studentaid.ed.gov</a>
Fort Bragg Area Community Foundation	<a href="http://www.bragg.army.mil/fbacf">www.bragg.army.mil/fbacf</a>
Freedom is Not Free	<a href="http://www.freedomisnotfree.com">www.freedomisnotfree.com</a>
Helping Our Heroes Foundation	<a href="http://www.hohf.org/links.htm">www.hohf.org/links.htm</a>
Home front America, Inc	<a href="http://www.homefrontamerica.org">www.homefrontamerica.org</a>
Home Front Cares	<a href="http://www.thehomefrontcares.org">www.thehomefrontcares.org</a>
Impact a Hero	<a href="http://www.impactahero.org/index.php">www.impactahero.org/index.php</a>
Injured Marine Semper Fi Fund	<a href="http://www.semperfi.org">www.semperfi.org</a>
Intrepid Fallen Heroes Fund	<a href="http://www.fallenheroesfund.org">www.fallenheroesfund.org</a>
Loved Ones Lost*	<a href="http://www.lovedoneslost.org">www.lovedoneslost.org</a>
Marine Graduation Foundation	<a href="http://www.usmcgrad.org">www.usmcgrad.org</a>
Marine Parents United	<a href="http://www.marineparentsunited.com">www.marineparentsunited.com</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>

## Website Resources

### Emergency Financial Assistance- Employment

Navy-Marine Corps Relief Society	<a href="http://www.nmcrs.org">www.nmcrs.org</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation Helping Healing	<a href="http://www.helpingheal.org/guidelines.html">www.helpingheal.org/guidelines.html</a>
Operation Home front	<a href="http://www.operationhomefront.net">www.operationhomefront.net</a>
Pentagon Foundation	<a href="http://www.pentagonfoundation.org">www.pentagonfoundation.org</a>
Power Pay	<a href="https://powerpay.org">https://powerpay.org</a>
Rebuild Hope	<a href="http://www.rebuildhope.org">www.rebuildhope.org</a>
Reserve Aid	<a href="http://www.reserveaid.org">www.reserveaid.org</a>
Resources for Military and Their Families	<a href="http://www.kspope.com/torvic/war.php">www.kspope.com/torvic/war.php</a>
Salute Our Services	<a href="http://www.saluteourservices.org">www.saluteourservices.org</a>
Social Security Administration	<a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
Strikeouts for Troops	<a href="http://www.strikeoutsfortroops.com">www.strikeoutsfortroops.com</a>
The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
The Home Front Cares	<a href="http://www.thehomefrontcares.org">www.thehomefrontcares.org</a>
Tragedy Assistance Program for Survivors	<a href="http://www.taps.org">www.taps.org</a>
United Service Organization	<a href="http://www.uso.org">www.uso.org</a>
Unmet Needs Program	<a href="http://www.unmetneeds.com">www.unmetneeds.com</a>
US Financial Literacy and Education Commission	<a href="http://www.mymoney.gov">www.mymoney.gov</a>
USA Cares	<a href="http://www.usacares.us">www.usacares.us</a>
USA Together	<a href="http://www.usatogether.com">www.usatogether.com</a>
Veterans of Foreign Wars	<a href="http://www.vfw.org">www.vfw.org</a>
Wounded Heroes Fund	<a href="http://www.woundedheroesfund.net">www.woundedheroesfund.net</a>
Yellow Ribbon America	<a href="http://www.yellowribbonfund.com">www.yellowribbonfund.com</a>

### Employment

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
5 Star Recruitment Career	<a href="http://www.5starrecruitment.com">www.5starrecruitment.com</a>
Aafes	<a href="http://odin.aafes.com/employment/default.asp">http://odin.aafes.com/employment/default.asp</a>
After Deployment	<a href="http://www.afterdeployment.org">www.afterdeployment.org</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
AllRetailJobs.com	<a href="http://www.allretailjobs.com">www.allretailjobs.com</a>
Alutiiq employment opportunities	<a href="http://www.alutiiq.com">www.alutiiq.com</a>
Always A Soldier	<a href="http://www.military.com/hero/0,,WVC_AlwaysASoldier,00.html">www.military.com/hero/0,,WVC_AlwaysASoldier,00.html</a>
American Corporate Program	<a href="http://acp-usa.org">http://acp-usa.org</a>
American Disability Association	<a href="http://www.adanet.org">www.adanet.org</a>
American Soldier Foundation	<a href="http://www.soldierfoundation.org">www.soldierfoundation.org</a>
Americas Heroes at Work	<a href="http://www.americasheroesatwork.gov">www.americasheroesatwork.gov</a>

# Website Resources

## Employment

Armed Forces Employer Partnership	<a href="http://www.armyreserve.army.mil">www.armyreserve.army.mil</a>
Army Civilian Personnel	<a href="http://acpol.army.mil/employment/index.htm">http://acpol.army.mil/employment/index.htm</a>
Army Family Programs	<a href="http://www.arfp.org">www.arfp.org</a>
Army OneSource	<a href="http://www.myarmyonesource.com/familyprogramsandservices">www.myarmyonesource.com/familyprogramsandservices</a>
Army Wounded Warrior Program	<a href="http://www.aw2.army.mil">www.aw2.army.mil</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Buckley AFB NAF Human Resource Office	<a href="http://www.460fss.com/careers/job-openings-2/">www.460fss.com/careers/job-openings-2/</a>
Career Command Post	<a href="http://www.careercommandpost.com">www.careercommandpost.com</a>
Choose Life	<a href="http://www.chooselifeinc.org">www.chooselifeinc.org</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Defense Activities for Non-trad.Ed. Support	<a href="http://www.dantes.doded.mil">www.dantes.doded.mil</a>
Dept. of Navy Civilians Human Resources	<a href="https://chart.donhr.navy.mil">https://chart.donhr.navy.mil</a>
DOL, National Veterans Training Institute	<a href="http://www.nvti.cudenver.edu/home/homepage.htm">www.nvti.cudenver.edu/home/homepage.htm</a>
DOL, Veterans Employment and Training	<a href="http://www.dol.gov/vets">www.dol.gov/vets</a>
Enable America	<a href="http://www.enableamerica.org">www.enableamerica.org</a>
Feds Hire Vets	<a href="http://www.fedshirevets.gov/AgencyDirectory/index.aspx">www.fedshirevets.gov/AgencyDirectory/index.aspx</a>
For Disabled American Veterans	<a href="http://www.JOFDAV.com">www.JOFDAV.com</a>
GiBill.com	<a href="http://www.gibill.com">www.gibill.com</a>
Helmets to Hardhats	<a href="http://www.helmetstohardhats.org">www.helmetstohardhats.org</a>
Helping Our Heroes Foundation	<a href="http://www.hohf.org/links.htm">www.hohf.org/links.htm</a>
Hire a Hero	<a href="http://www.hireahero.org">www.hireahero.org</a>
Hire America Heroes	<a href="http://www.hireamericasheroes.org">www.hireamericasheroes.org</a>
Hire Heroes USA	<a href="http://www.hireheroesusa.org">www.hireheroesusa.org</a>
Hire Veterans.com	<a href="http://www.hireveterans.com">www.hireveterans.com</a>
Hire Vets First	<a href="http://www.hirevetsfirst.dol.gov">www.hirevetsfirst.dol.gov</a>
Job Accommodation Network	<a href="http://www.jan.wvu.edu">www.jan.wvu.edu</a>
Job Bank	<a href="http://www.jobsearch.org">www.jobsearch.org</a>
Jobs4HR.com	<a href="http://www.jobs4hr.com">www.jobs4hr.com</a>
JobsInLogistics.com	<a href="http://www.jobsinlogistics.com">www.jobsinlogistics.com</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
LocalCareers.com	<a href="http://www.localcareers.com">www.localcareers.com</a>
Luke Events	<a href="http://www.lukeevents.com">www.lukeevents.com</a>
Maricopa Workforce Connection	<a href="http://www.hsd.maricopa.gov/mwc">www.hsd.maricopa.gov/mwc</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
Mil2civ.com (Recruit Military)	<a href="http://www.mil2civ.com">www.mil2civ.com</a>
Military Connection	<a href="http://www.militaryconnection.com">www.militaryconnection.com</a>
Military Exits	<a href="http://www.militaryexits.com">www.militaryexits.com</a>

## Website Resources

Employment

Military Family Program	<a href="http://www.carlisle.army.mil/usawc/dclm/joint.htm">www.carlisle.army.mil/usawc/dclm/joint.htm</a>
Military Home front	<a href="http://www.militaryhomefront.dod.mil">www.militaryhomefront.dod.mil</a>
Military Job Zone	<a href="http://www.militaryjobzone.com">www.militaryjobzone.com</a>
Military Officers Association of America	<a href="http://www.MOAA.org">www.MOAA.org</a>
Military OneSource	<a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
Military Spot	<a href="http://www.militaryspot.com">www.militaryspot.com</a>
Military Spouse Career Center	<a href="http://www.military.com/spouse1">www.military.com/spouse1</a>
Military Spouse Resource Center	<a href="http://www.milspouse.org">www.milspouse.org</a>
Military Stars	<a href="http://www.militarystars.com">www.militarystars.com</a>
Military.com	<a href="http://www.military.com">www.military.com</a>
MilSpouse.org	<a href="http://www.milspouse.org">www.milspouse.org</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Training Institute	<a href="http://www.nvti.cudenver.edu">www.nvti.cudenver.edu</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/CommandSupport/SafeHarbor">www.npc.navy.mil/CommandSupport/SafeHarbor</a>
OnetCenter.org	<a href="http://www.OnetCenter.org">www.OnetCenter.org</a>
Operation IMPACT	<a href="http://operationimpact.ms.northropgrumman.com">http://operationimpact.ms.northropgrumman.com</a>
Operation Life Transformed	<a href="http://www.operationlifetransformed.org">www.operationlifetransformed.org</a>
Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Phoenix Workforce Connection	<a href="http://www.phoenix.gov/phxwc">www.phoenix.gov/phxwc</a>
Quintessential Careers	<a href="http://www.quintcareers.com">www.quintcareers.com</a>
REALifelines	<a href="http://www.dol.gov/vets/REALifelines/index.htm">www.dol.gov/vets/REALifelines/index.htm</a>
Recruit Military	<a href="http://www2.recruitmilitary.com/">www2.recruitmilitary.com/</a>
Return 2 Work	<a href="http://www.return2work.org">www.return2work.org</a>
SBA Veterans Business Development	<a href="http://www.sba.gov/vets">www.sba.gov/vets</a>
Spouses to Teachers	<a href="http://www.spousestoteachers.com">www.spousestoteachers.com</a>
Swords to Plowshares	<a href="http://www.swords-to-plowshares.org">www.swords-to-plowshares.org</a>
TAOnline.com	<a href="http://www.taonline.com">www.taonline.com</a>
The Military Spouse Pinnacle Foundation	<a href="http://www.mscn.org">www.mscn.org</a>
The Veteran's Corporation	<a href="http://www.VeteransCorp.org">www.VeteransCorp.org</a>
Transition Assistance Program	<a href="http://www.transitionassistanceprogram.com">www.transitionassistanceprogram.com</a>
US Department of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
US Dept. of Labor-VETS	<a href="http://www.dol.gov/vets">www.dol.gov/vets</a>
USA JOBS	<a href="http://usajobs.opm.gov">http://usajobs.opm.gov</a>
Vet Center	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
Vet Jobs	<a href="http://www.vetjobs.com">www.vetjobs.com</a>
Vet Success	<a href="http://www.vetsuccess.gov">www.vetsuccess.gov</a>

# Website Resources

## Employment- Family Assistance

Veteran Job Fairs	<a href="http://www.VetsJobs.net">www.VetsJobs.net</a>
Veterans and Families Coming Home	<a href="http://www.veteransandfamilies.org">www.veteransandfamilies.org</a>
Veterans Green Jobs	<a href="http://www.veteransgreenjobs.org">www.veteransgreenjobs.org</a>
VetJobs.com	<a href="http://www.vetjobs.com">www.vetjobs.com</a>
Vocational Rehabilitation	<a href="http://www.vba.va.gov/bln/vre/">www.vba.va.gov/bln/vre/</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>

## Family Assistance

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
Air Warrior Courage Foundation	<a href="http://www.airwarriorcourage.org">www.airwarriorcourage.org</a>
AM Vets	<a href="http://www.amvets.org">www.amvets.org</a>
America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
American Legion	<a href="http://www.legion.org">www.legion.org</a>
American Legion Auxiliary	<a href="http://www.legion-aux.org">www.legion-aux.org</a>
American Soldier Foundation	<a href="http://www.soldierfoundation.org">www.soldierfoundation.org</a>
American Veterans With Brain Injuries	<a href="http://www.avbi.org">www.avbi.org</a>
Angels of Mercy	<a href="http://www.supportourwounded.org">www.supportourwounded.org</a>
Armed Forces Foundation	<a href="http://www.armedforcesfoundation.org">www.armedforcesfoundation.org</a>
Armed Forces Services Corporation	<a href="http://www.afsc-usa.com">www.afsc-usa.com</a>
Army Casualty Assistance Directory	<a href="http://www.hrc.army.mil">www.hrc.army.mil</a>
Army Emergency Relief	<a href="http://www.aerhq.org/news_assistancetowidows%20.asp">www.aerhq.org/news_assistancetowidows%20.asp</a>
Army Long Term Family Case	<a href="http://www.hrc.army.mil/site/active/tagd/cmaoc/altfcm/index.htm">www.hrc.army.mil/site/active/tagd/cmaoc/altfcm/index.htm</a>
Army Long Term Family Case Management	<a href="http://www.altfcm.army.mil">www.altfcm.army.mil</a>
Army OneSource	<a href="http://www.myarmyonesource.com/familyprogramsandservices">www.myarmyonesource.com/familyprogramsandservices</a>
Believe in Tomorrow Foundation	<a href="http://www.believeintomorrow.org">www.believeintomorrow.org</a>
Bereaved Parents of the U.S.A.	<a href="http://www.bereavedparentsusa.org">www.bereavedparentsusa.org</a>
Blue Star Mothers of America, Inc	<a href="http://www.bluestarmothers.org">www.bluestarmothers.org</a>
Care for the Troops	<a href="http://www.CareForTheTroops.org">www.CareForTheTroops.org</a>
Casualty and Mortuary Affairs Operations	<a href="http://www.hrc.army.mil/site/Active/TAGD/CMAOC/cmaoc.htm">www.hrc.army.mil/site/Active/TAGD/CMAOC/cmaoc.htm</a>
Cell phones/calling cards for soldiers	<a href="http://www.cellphonesforsoldiers.com">www.cellphonesforsoldiers.com</a>
Challenge America	<a href="http://www.challengeamerica.com">www.challengeamerica.com</a>
Child Care Resource and Referral Agencies	<a href="http://www.naccrra.org">www.naccrra.org</a>
Choose Life	<a href="http://www.chooselifeinc.org">www.chooselifeinc.org</a>
Citizen Soldier Support Program	<a href="http://www.citizensoldiersupport.org/">www.citizensoldiersupport.org/</a>
Coalition of Troop Support	<a href="http://www.cotsupport.org">www.cotsupport.org</a>



## Website Resources

Family Assistance

Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Comfort Zone Camp	<a href="http://www.comfortzonecamp.org">www.comfortzonecamp.org</a>
Dept. of Health and Human Services	<a href="http://www.hhs.gov">www.hhs.gov</a>
Dept. of Housing and Urban Development	<a href="http://www.hud.gov/offices/cpd/about/hudvet">www.hud.gov/offices/cpd/about/hudvet</a>
Disabled American Veterans	<a href="http://www.dav.org">www.dav.org</a>
DOD Dictionary of Military Terms	<a href="http://www.dtic.mil/doctrine/dod_dictionary/index.html">www.dtic.mil/doctrine/dod_dictionary/index.html</a>
Enduring Freedom KIA Fund	<a href="http://www.KilledInActionFund.org">www.KilledInActionFund.org</a>
Fallen Patriot Fund	<a href="http://www.fallenpatriotfund.org">www.fallenpatriotfund.org</a>
Families for Depression Awareness	<a href="http://www.familyaware.org">www.familyaware.org</a>
Families United	<a href="http://www.FamiliesUnitedMission.com">www.FamiliesUnitedMission.com</a>
Family and Friends for Freedom Fund	<a href="http://www.injuredmarinesfund.org">www.injuredmarinesfund.org</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Freedom Alliance	<a href="http://www.freedomalliance.org">www.freedomalliance.org</a>
Freedom Calls	<a href="http://www.freedomcalls.org">www.freedomcalls.org</a>
Freedom Care Program	<a href="http://www.ubhdenton.com">www.ubhdenton.com</a>
Freedom Hunters	<a href="http://www.freedomhunters.org">www.freedomhunters.org</a>
Freedom is Not Free	<a href="http://www.freedomisnotfree.com">www.freedomisnotfree.com</a>
Grand Camps for kids and grandparents	<a href="http://www.grandcamps.org">www.grandcamps.org</a>
GriefNet	<a href="http://www.griefnet.org/">www.griefnet.org/</a>
Hand 2 Hand Contact	<a href="http://www.hand2handcontact.org">www.hand2handcontact.org</a>
Healing Combat Trauma	<a href="http://www.healingcombattrama.com/">www.healingcombattrama.com/</a>
Helping Our Heroes Foundation	<a href="http://www.hohf.org/links.htm">www.hohf.org/links.htm</a>
Hero Salute	<a href="http://www.herosalute.com">www.herosalute.com</a>
Home front America, Inc	<a href="http://www.homefrontamerica.org">www.homefrontamerica.org</a>
Hope for the Warriors	<a href="http://www.hopeforthewarriors.org">www.hopeforthewarriors.org</a>
Hugs4Smiles USA	<a href="http://www.Hugs4SmilesUSA.org">www.Hugs4SmilesUSA.org</a>
Independence Fund	<a href="http://www.independencefund.org">www.independencefund.org</a>
Intrepid Fallen Heroes Fund	<a href="http://www.fallenheroesfund.org">www.fallenheroesfund.org</a>
Kids for our Troops	<a href="http://www.kidsforourtroops.org/index.htm">www.kidsforourtroops.org/index.htm</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
Little Patriots Embraced	<a href="http://www.littlepatriotembraced.org">www.littlepatriotembraced.org</a>
Loved Ones Lost	<a href="http://www.lovedoneslost.org">www.lovedoneslost.org</a>
Marine Graduation Foundation	<a href="http://www.usmcgrad.org">www.usmcgrad.org</a>
Marine Parents United	<a href="http://www.marineparentsunited.com">www.marineparentsunited.com</a>
Marines for Life	<a href="http://www.m4l.usmc.mil">www.m4l.usmc.mil</a>
Mikes Guardian Eagle Foundation	<a href="http://www.mikesguardianeaglefoundation.org">www.mikesguardianeaglefoundation.org</a>
Military Exits	<a href="http://www.militaryexits.com">www.militaryexits.com</a>
Military Family Link	<a href="http://www.militaryfamilylink.com">www.militaryfamilylink.com</a>

# Website Resources

## Family Assistance

Military Family Network	<a href="http://www.emilitary.org">www.emilitary.org</a>
Military Family Program	<a href="http://www.carlisle.army.mil/usawc/dclm/joint.htm">www.carlisle.army.mil/usawc/dclm/joint.htm</a>
Military Funeral Honors	<a href="http://www.militaryfuneralhonors.osd.mil">www.militaryfuneralhonors.osd.mil</a>
Military Home front	<a href="http://www.militaryhomefront.dod.mil">www.militaryhomefront.dod.mil</a>
Military Impacted Schools Association	<a href="http://www.militaryimpactedschoolsassociation.org">www.militaryimpactedschoolsassociation.org</a>
Military news with benefit information	<a href="http://www.military.com">www.military.com</a>
Military OneSource	<a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
Military Spouse Career Center	<a href="http://www.military.com/spouse1">www.military.com/spouse1</a>
Military Spouse Employment Program	<a href="http://www.msccn.org">www.msccn.org</a>
Military Spouse Resource Center	<a href="http://www.milspouse.org">www.milspouse.org</a>
Military.com	<a href="http://www.military.com">www.military.com</a>
MilSpouse.org	<a href="http://www.milspouse.org">www.milspouse.org</a>
My Army Benefits	<a href="http://myarmybenefits.us.army.mil/">http://myarmybenefits.us.army.mil/</a>
National Guard Family Program	<a href="http://www.jointservicessupport.org/FP/Community.aspx">www.jointservicessupport.org/FP/Community.aspx</a>
National Homeland Defense Foundation	<a href="http://www.nhdf.org">www.nhdf.org</a>
National Military Family Association	<a href="http://www.nmfa.org">www.nmfa.org</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Restoration to Military Families Team	<a href="http://www.nrt-caring.org">www.nrt-caring.org</a>
National Society of Military Widows (NSMW)	<a href="http://militarywidows.org">http://militarywidows.org</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/CommandSupport/SafeHarbor">www.npc.navy.mil/CommandSupport/SafeHarbor</a>
Neighbors International Foundation	<a href="http://www.nifoundation.org">www.nifoundation.org</a>
Notes of Appreciation	<a href="http://www.charitymusic.org">www.charitymusic.org</a>
ONE Freedom	<a href="http://www.onefreedom.org">www.onefreedom.org</a>
Online Tutoring for Children & Career Assistance	<a href="http://www.tutor.com/military-programs">www.tutor.com/military-programs</a>
Operation Ensuring Christmas	<a href="http://www.opchristmas.org">www.opchristmas.org</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation Home front	<a href="http://www.operationhomefront.net">www.operationhomefront.net</a>
Operation Interdependence	<a href="http://www.oidelivers.org">www.oidelivers.org</a>
Operation One Family	<a href="http://www.operationonefamily.org">www.operationonefamily.org</a>
Operation Second Chance	<a href="http://www.operationsecondchance.org">www.operationsecondchance.org</a>
Operation Stephen's Touch	<a href="http://www.stephentouch.org">www.stephentouch.org</a>
Our Fallen Soldier	<a href="http://www.ourfallensoldier.com">www.ourfallensoldier.com</a>
Our Military	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
Our Military Kids	<a href="http://www.ourmilitarykids.org">www.ourmilitarykids.org</a>

## Website Resources

### Family Assistance

Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Pentagon Federal Credit Union Foundation	<a href="http://www.pentagonfoundation.org">www.pentagonfoundation.org</a>
Project Sanctuary	<a href="http://www.projectsanctuary.us">www.projectsanctuary.us</a>
Reach Out and Read	<a href="http://www.reachoutandread.org">www.reachoutandread.org</a>
Red Cross	<a href="http://www.redcross.org">www.redcross.org</a>
Resources for Military and Their Families	<a href="http://www.kspope.com/torvic/war.php">www.kspope.com/torvic/war.php</a>
Salute Our Services	<a href="http://www.saluteourservices.org">www.saluteourservices.org</a>
Sew Much Comfort	<a href="http://www.sewmuchcomfort.org">www.sewmuchcomfort.org</a>
Soldiers Angels	<a href="http://www.soldiersangels.com">www.soldiersangels.com</a>
Southwest Human Development	<a href="http://www.swhd.org/about_us/current_programs.php">www.swhd.org/about_us/current_programs.php</a>
Spouse BATTLEMIND Project	<a href="http://www.memphis.va.gov/spousebattlemind/">www.memphis.va.gov/spousebattlemind/</a>
Still Serving Veterans	<a href="http://www.stillservingveterans.org">www.stillservingveterans.org</a>
Strategic Outreach to Families of all Reservists	<a href="http://www.sofarusa.org">www.sofarusa.org</a>
Strikeouts for Troops	<a href="http://www.strikeoutsfortroops.com">www.strikeoutsfortroops.com</a>
Suicide Awareness Voices of Education	<a href="http://www.save.org">www.save.org</a>
Suicide Prevention Resource Center	<a href="http://www.sprc.org">www.sprc.org</a>
Summit Supports Our Troops	<a href="http://www.ssot.org">www.ssot.org</a>
Survivor's Benefits	<a href="http://www.vba.va.gov/survivors/index.htm">www.vba.va.gov/survivors/index.htm</a>
Swords to Plowshares	<a href="http://www.swords-to-plowshares.org">www.swords-to-plowshares.org</a>
Tee It Up for the Troops	<a href="http://www.teeitupforthetroops.com">www.teeitupforthetroops.com</a>
Terry Farrell Firefighters School	<a href="http://www.terryfarrellfund.org">www.terryfarrellfund.org</a>
ThanksUSA	<a href="http://www.thanksusa.org">www.thanksusa.org</a>
The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
The Dougy Center (Grieving Children & Families)	<a href="http://www.dougy.org">www.dougy.org</a>
The Gene Vance Jr. Foundation	<a href="http://www.genevancejr.org">www.genevancejr.org</a>
The Home Front Cares	<a href="http://www.thehomefrontcares.org">www.thehomefrontcares.org</a>
The Mental Health Self-Assessment Program	<a href="http://www.militarymentalhealth.org">www.militarymentalhealth.org</a>
The Soldiers Project	<a href="http://www.thesoldiersproject.org">www.thesoldiersproject.org</a>
The Thank You Foundation	<a href="http://www.thethankyoufoundation.org">www.thethankyoufoundation.org</a>
Tragedy Assistance Program for Survivors	<a href="http://www.taps.org">www.taps.org</a>
Transition Assistance Program	<a href="http://www.transitionassistanceprogram.com">www.transitionassistanceprogram.com</a>
Traumatic Brain Injury information	<a href="http://www.COkidswithbraininjury.com">www.COkidswithbraininjury.com</a>
Tynsy's Miracle Bear	<a href="http://www.tynsysmiraclebears.com">www.tynsysmiraclebears.com</a>
United Service Organization	<a href="http://www.uso.org">www.uso.org</a>
United States Entertainment Force	<a href="http://www.unitedstatesentertainmentforce.org">www.unitedstatesentertainmentforce.org</a>
United States Welcome Home Foundation	<a href="http://www.uswelcomehome.org">www.uswelcomehome.org</a>
United States Wounded Soldiers Foundation	<a href="http://www.uswoundedsoldiers.com">www.uswoundedsoldiers.com</a>
United Warrior Survivor Foundation	<a href="http://www.frogfriends.com">www.frogfriends.com</a>

# Website Resources

## Family Assistance- For Military Children

Unmet Needs Program	<a href="http://www.unmetneeds.com">www.unmetneeds.com</a>
USA Cares	<a href="http://www.usacares.us">www.usacares.us</a>
VA Administration for kids	<a href="http://www.va.gov/kids/">www.va.gov/kids/</a>
Vet Center Eligibility - Readjustment Counseling	<a href="http://www.va.gov/rcs/Eligibility.htm">www.va.gov/rcs/Eligibility.htm</a>
Veteran Children	<a href="http://www.veteranschildren.com">www.veteranschildren.com</a>
Veterans and Families Coming Home	<a href="http://www.veteransandfamilies.org">www.veteransandfamilies.org</a>
Veterans Holidays	<a href="http://www.veteransholidays.com">www.veteransholidays.com</a>
Veterans of Foreign Wars	<a href="http://www.vfw.org">www.vfw.org</a>
Veterans Resource Network	<a href="http://www.vrnonline.org">www.vrnonline.org</a>
Villa La Paws	<a href="http://www.VillaLaPAWS.com">www.VillaLaPAWS.com</a>
Welcome Back Veterans	<a href="http://www.WelcomeBackVeterans.org">www.WelcomeBackVeterans.org</a>
Women, Infants, and Children (WIC)	<a href="http://www.fns.usda.gov/wic">www.fns.usda.gov/wic</a>
Wounded Heroes Fund	<a href="http://www.woundedheroesfund.net">www.woundedheroesfund.net</a>
Wounded Soldiers	<a href="http://www.woundedsoldiers.net">www.woundedsoldiers.net</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>
Yellow Ribbon America	<a href="http://www.yellowribbonfund.com">www.yellowribbonfund.com</a>

## For Military Children

Aftermath of War	<a href="http://www.aftermathofwar.com.au">www.aftermathofwar.com.au</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
Army Emergency Relief	<a href="http://www.aerhq.org/news_assistancetowidows%20.asp">www.aerhq.org/news_assistancetowidows%20.asp</a>
Army Family Programs	<a href="http://www.arfp.org">www.arfp.org</a>
Army OneSource	<a href="http://www.myarmyonesource.com/familyprogramsandservices/default.aspx">www.myarmyonesource.com/familyprogramsandservices/default.aspx</a>
ArtReach Foundation	<a href="http://www.artreachfoundation.org">www.artreachfoundation.org</a>
ArtReach Project America	<a href="http://www.artreachprojectamerica.com">www.artreachprojectamerica.com</a>
Beaumont Foundation of America	<a href="http://www.bmtfoundation.com">www.bmtfoundation.com</a>
Believe in Tomorrow Foundation	<a href="http://www.believeintomorrow.org">www.believeintomorrow.org</a>
Books for Military Children	<a href="http://www.military.com/opinion/0,15202,121091,00.html">www.military.com/opinion/0,15202,121091,00.html</a>
Camp Solari	<a href="http://www.solarihospice.com/go2/solari-kids-camp.cfm">www.solarihospice.com/go2/solari-kids-camp.cfm</a>
Child Care Resource & Referral	<a href="http://www.azchildcare.org">www.azchildcare.org</a>
Child Crisis Center	<a href="http://www.childcrisis.org">www.childcrisis.org</a>
Children of Fallen Patriots Foundation	<a href="http://www.fallenpatriots.org">www.fallenpatriots.org</a>
Children of Fallen Soldiers Relief Fund	<a href="http://www.cfsrf.org">www.cfsrf.org</a>

# Website Resources

For Military Children- Homelessness

Comfort Zone Camp	<a href="http://www.comfortzonecamp.org">www.comfortzonecamp.org</a>
Coming Together Around Military	<a href="http://www.zerotothree.org">www.zerotothree.org</a>
Dog Tags for Kids	<a href="http://www.dogtagsforkids.com">www.dogtagsforkids.com</a>
Elder Quest Ministries	<a href="http://www.grandcamps.org">www.grandcamps.org</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Folds of Honor Foundation	<a href="http://www.foldsofhonor.org">www.foldsofhonor.org</a>
GriefNet	<a href="http://www.griefnet.org/">www.griefnet.org/</a>
I Cried Too	<a href="http://www.icriedtoo.org">www.icriedtoo.org</a>
Little Patriots Embraced	<a href="http://www.littlepatriotembraced.org">www.littlepatriotembraced.org</a>
Luke Events	<a href="http://www.lukeevents.com">www.lukeevents.com</a>
Military Child Education Coalition	<a href="http://www.militarychild.org">www.militarychild.org</a>
Military Family Support Centers, Inc	<a href="http://www.milfamily.org">www.milfamily.org</a>
Military Kids	<a href="http://www.MilitaryKidz.com">www.MilitaryKidz.com</a>
Military Youth on the Move	<a href="http://apps.mhf.dod.mil">http://apps.mhf.dod.mil</a>
New Song	<a href="http://www.thenewsongcenter.org">www.thenewsongcenter.org</a>
Operation Military Kids	<a href="http://www.operationmilitarykids.org">www.operationmilitarykids.org</a>
Our Military Kids	<a href="http://www.ourmilitarykids.org">www.ourmilitarykids.org</a>
Outward Bound	<a href="http://www.outwardbound.com">www.outwardbound.com</a>
Salute Our Services	<a href="http://www.saluteourservices.org">www.saluteourservices.org</a>
Scholarships for Military Children	<a href="http://www.militaryscholar.org">www.militaryscholar.org</a>
Sesame Street	<a href="http://www.sesamestreet.org/tlc">www.sesamestreet.org/tlc</a>
Snowball Express	<a href="http://www.snowballexpress.org">www.snowballexpress.org</a>
Sojourner Center	<a href="http://www.sojournercenter.org">www.sojournercenter.org</a>
Southwest Human Development	<a href="http://www.swhd.org/about_us/current_programs.php">www.swhd.org/about_us/current_programs.php</a>
The Greer Foundation	<a href="http://www.greerfoundation.org">www.greerfoundation.org</a>
The Hope Scholarship and Lifetime Learning	<a href="http://www.ed.gov/offices/OPE/PPI/HOPE/index.html">www.ed.gov/offices/OPE/PPI/HOPE/index.html</a>
Toys for the Troop's Kids	<a href="http://www.toysforthetroopskids.org">www.toysforthetroopskids.org</a>
Trevor Romaine Foundation	<a href="http://trevorromainefoundation.org">http://trevorromainefoundation.org</a>
Tynsy's Miracle Bear	<a href="http://www.tynsysmiraclebears.com">www.tynsysmiraclebears.com</a>

## Homelessness

DVA, Secretary's Homeless Veterans Initiatives	<a href="http://www.va.gov/homeless">www.va.gov/homeless</a>
Homeless Veterans	<a href="http://www1.va.gov/homeless">www1.va.gov/homeless</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
National Coalition for Homeless Veterans	<a href="http://www.nchv.org/about.cfm">www.nchv.org/about.cfm</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>

# Website Resources

## Homelessness- Housing Expenses

Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
US Department of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
US Vets	<a href="http://www.usvetsinc.org">www.usvetsinc.org</a>

## Home Repairs/Modifications

America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Homes for our Troops	<a href="http://www.homesforourtroops.org">www.homesforourtroops.org</a>
Military Severely Injured	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation Forever Free	<a href="http://www.operationforeverfree.org">www.operationforeverfree.org</a>
Operation Homefront	<a href="http://www.operationhomefront.net">www.operationhomefront.net</a>
Operation Second Chance	<a href="http://www.operationsecondchance.org">www.operationsecondchance.org</a>
Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Rebuilding Together: Heroes at Home	<a href="http://www.rebuildingtogether.org">www.rebuildingtogether.org</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>

## Housing Expenses

Armed Forces Foundation	<a href="http://www.armedforcesfoundation.org">www.armedforcesfoundation.org</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Freedom Alliance	<a href="http://www.freedomalliance.org">www.freedomalliance.org</a>
Freedom is not Free	<a href="http://www.freedomisnotfree.com">www.freedomisnotfree.com</a>
Helping our Heroes Foundation	<a href="http://www.hohf.org/links.htm">www.hohf.org/links.htm</a>
Homefront America, Inc	<a href="http://www.homefrontamerica.org">www.homefrontamerica.org</a>
Housing our Communities	<a href="http://www.housingourcommunities.org">www.housingourcommunities.org</a>
Military Severely Injured	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation Forever Free	<a href="http://www.operationforeverfree.org">www.operationforeverfree.org</a>
Operation Homefront	<a href="http://www.operationhomefront.net">www.operationhomefront.net</a>
Pentagon Federal Credit Union	<a href="http://www.pentagonfoundation.org">www.pentagonfoundation.org</a>
Project We Remember	<a href="http://www.projectweremember.org">www.projectweremember.org</a>
The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
United Services Organization	<a href="http://www.uso.org">www.uso.org</a>
USA Cares	<a href="http://www.usacares.us">www.usacares.us</a>
Yellow Ribbon America	<a href="http://www.yellowribbonfund.com">www.yellowribbonfund.com</a>

# Website Resources

Housing Resources- Legal Services

## Housing Resources

4 Military Families	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
ACORN Housing	<a href="http://www.acornhousing.org">www.acornhousing.org</a>
Air Force Crossroads	<a href="http://www.afcrossroads.com">www.afcrossroads.com</a>
Army One Source	<a href="http://www.myarmyonesource.com">www.myarmyonesource.com</a>
Building Homes for Heroes	<a href="http://www.buildinghomesforheroes.com">www.buildinghomesforheroes.com</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Dept of Housing and Urban Development	<a href="http://www.hud.gov/offices/cpd/abouthudvet">www.hud.gov/offices/cpd/abouthudvet</a>
DVA, Secretary's Homeless Veteran Initiatives	<a href="http://www.va.gov/homeless">www.va.gov/homeless</a>
Fisher House Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Military One Source	<a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Project We Remember	<a href="http://www.projectweremember.org">www.projectweremember.org</a>
Homes for our Troops	<a href="http://www.homesforourtroops.org">www.homesforourtroops.org</a>
Military Severely Injured	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation Forever Free	<a href="http://www.operationforeverfree.org">www.operationforeverfree.org</a>
Save the Family	<a href="http://www.savethefamily.org">www.savethefamily.org</a>
The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
United Services Organization	<a href="http://www.uso.org">www.uso.org</a>
United States Wounded Soldiers Foundation	<a href="http://www.uswoundedsoldiers.com">www.uswoundedsoldiers.com</a>
Rebuilding Together: Heroes at Home	<a href="http://www.rebuildingtogether.org">www.rebuildingtogether.org</a>
With Love from Home	<a href="http://www.withlovefromhome.org">www.withlovefromhome.org</a>

## Legal Services

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
American Bar Association	<a href="http://www.abanet.org">www.abanet.org</a>
AZ Law Help	<a href="http://www.azlawhelp.org">www.azlawhelp.org</a>
Coma Recovery	<a href="http://www.waiting.com">www.waiting.com</a>
Equal Justice Foundation	<a href="http://www.ejfi.org">www.ejfi.org</a>
Lawyer Referral Service	<a href="http://www.lawyerfinders.org">www.lawyerfinders.org</a>
Legal	<a href="http://www.jagcnet.army.mil/legal">www.jagcnet.army.mil/legal</a>
Military One Source	<a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
Military Spot	<a href="http://www.militaryspot.com">www.militaryspot.com</a>
National Veteran Legal Services	<a href="http://www.nvlsp.org">www.nvlsp.org</a>

# Website Resources

## Legal Services- Medical

The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
Tragedy Assistance Program for Survivors	<a href="http://www.taps.org">www.taps.org</a>
US Court of Appeals for Veterans Claims	<a href="http://www.uscourts.cavac.gov">www.uscourts.cavac.gov</a>

## Medical

4 Military Families.com	<a href="http://www.4militaryfamilies.com">www.4militaryfamilies.com</a>
After Deployment	<a href="http://www.afterdeployment.org">www.afterdeployment.org</a>
Army Family Programs	<a href="http://www.arfp.org">www.arfp.org</a>
Army One Source	<a href="http://www.myarmyonesource.com">www.myarmyonesource.com</a>
Beaumont Foundation of America	<a href="http://www.bmtfoundation.com">www.bmtfoundation.com</a>
Believe in Tomorrow Foundation	<a href="http://www.believeintomorrow.org">www.believeintomorrow.org</a>
Bridging Military and Community Service	<a href="http://www.aheconnect.com/citizensoldier">www.aheconnect.com/citizensoldier</a>
Caring Bridge	<a href="http://www.caringbridge.org">www.caringbridge.org</a>
Child & Adolescent Psychiatry	<a href="http://www.aacap.org">www.aacap.org</a>
Citizen Soldier Support Program	<a href="http://www.citizensoldiersupport.org">www.citizensoldiersupport.org</a>
Freedom Care Program	<a href="http://www.ubhdenton.com">www.ubhdenton.com</a>
Hooah 4 Health	<a href="http://www.hooah4health.com">www.hooah4health.com</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
Medicare	<a href="http://www.medicare.gov/Supplier.Home.asp">www.medicare.gov/Supplier.Home.asp</a>
Military Retiree Grass Roots Group	<a href="http://www.mrgrg-ms.org">www.mrgrg-ms.org</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
My Health e Vet	<a href="http://www.myhealth.va.gov">www.myhealth.va.gov</a>
National Guard Family Program	<a href="http://www.jointservicessupport.org/FP/Community.aspx">www.jointservicessupport.org/FP/Community.aspx</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Navy Safe Harbor	<a href="http://www.npc.navy.mil/commandsupport/safeharvor">www.npc.navy.mil/commandsupport/safeharvor</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Paralyzed Veterans of America	<a href="http://www.pva.org">www.pva.org</a>
Swords to Plowshares	<a href="http://www.swords-to-plowshares.org">www.swords-to-plowshares.org</a>
The 9-11 Help America Foundation	<a href="http://www.911helpamerica.com">www.911helpamerica.com</a>
The Gene Vance Jr. Foundation	<a href="http://www.genevancejr.org">www.genevancejr.org</a>
Tricare	<a href="http://www.tricare.osd.mil">www.tricare.osd.mil</a>
United States Welcome Home Foundation	<a href="http://www.uswelcomehome.org">www.uswelcomehome.org</a>
US Dept of Veterans Affairs	<a href="http://www.va.gov">www.va.gov</a>
VA National Hepatitis C Program	<a href="http://www.hepatitis.va.gov">www.hepatitis.va.gov</a>
VA Trainee Pocket Card on Gulf War	<a href="http://www.va.gov/OAA/pocketcard/gulfwar.asp">www.va.gov/OAA/pocketcard/gulfwar.asp</a>
Veterans Health Administration	<a href="http://www1.va.gov/health/">www1.va.gov/health/</a>



## Website Resources

Substance Abuse- Transportation

### Substance Abuse

After Deployment	<a href="http://www.afterdeployment.org">www.afterdeployment.org</a>
Alcoholics Anonymous	<a href="http://www.aa.org">www.aa.org</a>
Community Bridges	<a href="http://www.communitybridgesaz.org">www.communitybridgesaz.org</a>
Ladies Auxiliary to the VFW	<a href="http://www.ladiesauxvfw.org">www.ladiesauxvfw.org</a>
Swords to Plowshares	<a href="http://www.swords-to-plowshares.org">www.swords-to-plowshares.org</a>
TERROS, Inc	<a href="http://www.terros.org">www.terros.org</a>
Transitional Living Communities	<a href="http://www.transitionalliving.org">www.transitionalliving.org</a>
Valley Hope Association	<a href="http://www.valleyhope.org">www.valleyhope.org</a>
Vet Centers	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>

### Transportation

Air Ambulance Service	<a href="http://www.aircompassionamerica.org">www.aircompassionamerica.org</a>
Air Charity Network	<a href="http://www.aircharitynetwork.org">www.aircharitynetwork.org</a>
America Supports You	<a href="http://www.ourmilitary.mil/index.aspx">www.ourmilitary.mil/index.aspx</a>
Angel Flight West	<a href="http://www.angelflightwest.org">www.angelflightwest.org</a>
Blinded Veterans Association	<a href="http://www.bva.org">www.bva.org</a>
Coalition to Salute America's Heroes	<a href="http://www.saluteheroes.org">www.saluteheroes.org</a>
Family and Friends for Freedom Fund	<a href="http://www.injuredmarinesfund.org">www.injuredmarinesfund.org</a>
FisherHouse Foundation	<a href="http://www.fisherhouse.org">www.fisherhouse.org</a>
Freedom Alliance	<a href="http://www.freedomalliance.org">www.freedomalliance.org</a>
Helping Our Heroes Foundation	<a href="http://www.hohf.org">www.hohf.org</a>
Hero Miles	<a href="http://www.fisherhouse.org/programs/heroMiles">www.fisherhouse.org/programs/heroMiles</a>
Homefront America, Inc	<a href="http://www.homefrontamerica.org">www.homefrontamerica.org</a>
Mercy Medical	<a href="http://www.mercymedical.org/helpful-links/">www.mercymedical.org/helpful-links/</a>
Military Severely Injured Center Support	<a href="http://www.militaryhomefront.dod">www.militaryhomefront.dod</a>
National Resource Directory	<a href="http://www.nationalresourcedirectory.gov">www.nationalresourcedirectory.gov</a>
National Veterans Foundation	<a href="http://www.nvf.org">www.nvf.org</a>
Operation Family Fund	<a href="http://www.operationfamilyfund.org">www.operationfamilyfund.org</a>
Operation First Response	<a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a>
Operation Hero Smiles	<a href="http://www.heromiles.org">www.heromiles.org</a>
Operation Homefront	<a href="http://www.operationhomefront.net">www.operationhomefront.net</a>
Our Fallen Soldier	<a href="http://www.ourfallensoldier.com">www.ourfallensoldier.com</a>
Pentagon Federal Credit Union Foundation	<a href="http://www.pentagonfoundation.org">www.pentagonfoundation.org</a>
Pilots for Christ, International	<a href="http://www.pilotsforchrist.com">www.pilotsforchrist.com</a>
Strikeouts for Troops	<a href="http://www.strikeoutsfortroops.com">www.strikeoutsfortroops.com</a>
USA Cares	<a href="http://www.usacares.us">www.usacares.us</a>
Veteran Love and Appreciation	<a href="http://www.veteranlove.com">www.veteranlove.com</a>

# Website Resources

---

## Transportation

Veterans Airlift Command	<a href="http://www.veteransairlift.org">www.veteransairlift.org</a>
Wounded Warrior Project	<a href="http://www.woundedwarriorproject.org">www.woundedwarriorproject.org</a>
Yellow Ribbon America	<a href="http://www.yellowribbonfund.com">www.yellowribbonfund.com</a>

**Need Help?  
Call  
877-724-8244  
WV Traumatic Brain  
Injury Services**



**"Commitment To Excellence"**

